

DIMANCHE 8 NOVEMBRE 2015 PORSEL

RÉSULTATS

39^e TROPHÉE DE LA VALLÉE DU FLON

COURSE PRINCIPALE: 12,5 KM

COURSE ENFANTS ET CADETS/ES,
JUNIORS/ES: 5,5 KM, 2 KM, 1 KM

COURSE POPULAIRE + WALKING
+ NORDIC WALKING: 5,5 KM



Le Club Sportif de la Vallée du Flon

adresse ses plus vifs et chaleureux remerciements aux annonceurs de son libretto, à ses sponsors et à ses nombreux et généreux donateurs :

| | |
|---|------------------------------|
| • LA MOBILIERE | Bulle |
| • La Banque RAIFFEISEN de la Glâne | Romont |
| • Le journal LA GRUYERE | Bulle |
| • La BANQUE CANTONALE de Fribourg | succursale de Le Crêt |
| • GROUPE E | Fribourg |
| • SONNAY CHARPENTE SA , menuiseries - escaliers • Charpente - couvertures - revêtements int./ext -.travaux spéciaux | Granges Veveyse Palézieux |
| • Garage VIAL Sàrl | St-Martin |
| • Boulangerie – Alimentation Dominique -TIP Sàrl | Porsel |
| • Machines Agricoles GRANDJEAN SA | Le Crêt |
| • Bureau fiduciaire M. Julien CHARRIERE | Fiaugères |
| • Imprimerie SAINT-PAUL | Fribourg |
| • Carrosserie G. MESOT | La Rougève – Semsales |
| • FULLWOOD Jacques Michel | Besencens |
| • Laiterie Fromagerie de LE CRET Famille J.-M. DUNAND | Le Crêt |
| • Chalet SCHUWEY , Im Fang et Succursale de Porsel | Im Fang |
| • Garage du CRET agence Opel M. Frédéric ROUILLER | Le Crêt / Vuadens |
| • GETAZ ROMAND | Bulle |
| • ELECTROFIL SA installations électriques | Mézières / Le Crêt |
| • Fromagerie BOULOZ-PORSEL famille Roland PITTET | Bouloz |
| • Entreprise VIAL Frères SA | Le Crêt |
| • MIFROMA | Ursy |
| • LANDI Société d'Agriculture | Vauderens |
| • Agence agricole DORTHE SA | Oron-le-Châtel |
| • Menuiserie André PAPAUX | Les Ecasseys |
| • AUTO 3000 Garage de Bouloz Noé Cardinaux | Bouloz |
| • M. Hervé RICHOZ commerce de bétail | Châtel-St-Denis |
| • REALSport Group | Rossens FR |
| • Boulangerie PHILIPPE MAILLARD Sàrl | St-Martin |
| • ROPRAZ SA Bâtiments -Génie Civil - Entreprise générale | Romont |

| | |
|--|-------------------|
| • MELIOR M Damien Seydoux | Romont |
| • NILS PLATEL Ferblanterie-Couverture-Sanitaire- Chauffage | Palézieux |
| • DA COSTA Sàrl , Entreprise de construction | Porsel |
| • Garage JAQUET FRERES Sàrl | Porsel |
| • Garage du MT-PELERIN SA Agence Citroën | St-Légier s/Vevey |
| • Restaurant de la CROIX FEDERALE | Le Crêt |
| • Armand MAILLARD fourrages + eaux minérales | Porsel |
| • Atelier mécanique HONDA Christophe DESCHENAU Sàrl | Vauderens |
| • MODOUX PNEUS Sàrl Olivier Modoux | Romont |
| • Auberge de la FLEUR-DE-LYS chez Osmar Cardoso | Porsel |
| • LA JAMBONNIERE SA | Mézières |
| • SANICLEAN Sàrl Chauffage- Ventilation- Sanitaire | Romont |
| • GARDEN CENTER KAECH | Romont |
| • Christian AEBISCHER Menuiserie – Agencement | Pont |
| • FERBLANTERIE 2000 Ferblanterie- Couverture- Echafaudages | Romont |
| • NEW CONCEPT Sports | Epalinges |
| • MARGINAL Sports et Cycles | Oron-la-Ville |
| • SPORT AVENTURE | Romont |
| • DUPASQUIER Sports Didier Moret | Vuadens |
| • COMMERCE DE FER | Romont |
| • Magasin de Sport FAMILY SKY RIDE Louis-Michel Dévaud et Xavier Sapin | Bouloz |
| • AQUAPARC | Le Bouveret |
| • LA COOP | |
| • LABYRINTHE AVENTURE | Evionnaz |
| • SCHMUTZ Opticien | Romont |
| • Restaurant de La COURONNE | Sâles |
| • HC GOTTERON SA Hockey Club | Fribourg |
| • Fromagerie MOLESON SA | Orsonnens |
| • SNG SA | La Verrerie |
| • AXA WINTERTHUR Agence Stéphane Broillet | Châtel-St-Denis |
| • LA MIGROS | Romont |
| • Mme Caroline DEVAUD | Porsel |
| • M Cédric OTTET | Oron-le-Châtel |
| • M Laurent DENERVAUD | Bouloz |

| | |
|-------------------------------------|--------|
| • M Bertrand CARDINAUX | Bouloz |
| • M et Mme Gérard et Fabienne MESOT | Bouloz |
| • Commune de Le Flon | |
| • Commune de La Verrerie | |

Il remercie également toutes les personnes bénévoles qui ont contribué au magnifique succès de ce 39^{ème} Trophée, avant, pendant et après la course.

A vous tous qui, d'une manière ou d'une autre, nous avez apporté votre contribution et votre soutien, nous adressons toute notre reconnaissance.

DE TOUT CŒUR, MERCI !

Et nos plus vives félicitations à tous les coureurs !

Rendez-vous à Porsel **le dimanche 06 novembre 2016** pour le 40^{ème} Trophée de la Vallée du Flon.

Le Club Sportif Vallée du Flon

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats officiels
Catégories 2015

| Cl | Dos. | Nom et prénom | Année | Club / domicile | Temps | Ecart |
|---|------|----------------------|-------|-------------------|----------------|---------|
| MEC Ecoliers C / Schüler C 2006 et plus 1 Km | | | | | | |
| 1 | 534 | Wicht Matéo | 2007 | SA Bulle | 3:24.34 | |
| 2 | 537 | Henchoz Rémy | 2007 | SA Bulle | 3:31.21 | 6.87 |
| 3 | 530 | Kilchoer Thomas | 2006 | CS Hauteville | 3:33.90 | 9.56 |
| 4 | 536 | Valnet Guillaume | 2006 | SA Bulle | 3:42.19 | 17.85 |
| 5 | 535 | Reichenbach Axel | 2006 | SA Bulle | 3:45.05 | 20.71 |
| 6 | 540 | Honoré Jules | 2006 | SA Bulle | 3:46.31 | 21.97 |
| 7 | 586 | Mesot Aurélien | 2006 | Progens | 3:46.70 | 22.36 |
| 8 | 566 | Uldry Malik | 2006 | Châtel-St-Denis | 3:47.85 | 23.51 |
| 9 | 549 | Tâche Gabriel | 2006 | Athletica Veveyse | 3:48.57 | 24.23 |
| 10 | 522 | Clerc Gabriel | 2006 | SA Bulle | 3:51.59 | 27.25 |
| 11 | 543 | Cuperus Ethan | 2007 | CS Hauteville | 3:51.97 | 27.63 |
| 12 | 576 | Feyer Jérémie | 2006 | FC Plaffeien | 3:53.18 | 28.84 |
| 13 | 541 | Hunziker Arnaud | 2006 | Vuadens | 3:55.82 | 31.48 |
| 14 | 532 | Progin Jules | 2007 | Vuadens | 3:56.97 | 32.63 |
| 15 | 554 | Métraux Natan | 2008 | Croc-Kil Leysin | 3:57.41 | 33.07 |
| 16 | 551 | Vial Cléo | 2007 | Grattavache | 3:58.23 | 33.89 |
| 17 | 525 | Clerc Achille | 2008 | SA Bulle | 4:00.38 | 36.04 |
| 18 | 528 | Brandenberger Paul | 2008 | CS Hauteville | 4:03.78 | 39.44 |
| 19 | 526 | Vonarb Jules | 2008 | SA Bulle | 4:04.28 | 39.94 |
| 20 | 527 | Risse Simon | 2008 | SA Bulle | 4:08.73 | 44.39 |
| 21 | 531 | Amacher Timm | 2007 | SA Bulle | 4:14.93 | 50.59 |
| 22 | 589 | Sonney Jean-Baptiste | 2007 | Grattavache | 4:20.10 | 55.76 |
| 23 | 1001 | Thürler Timo | 2006 | Gym Ursy | 4:21.91 | 57.57 |
| 24 | 559 | Grivel Dusty | 2006 | Esmonts | 4:22.73 | 58.39 |
| 25 | 557 | Stillvato Loan | 2008 | Fiaugères | 4:24.99 | 1:00.65 |
| 26 | 573 | Gianini Rima Lukas | 2008 | Porsel | 4:33.72 | 1:09.38 |
| 27 | 544 | Bulliard Thomas | 2009 | CS Hauteville | 4:44.54 | 1:20.20 |
| 28 | 562 | Cardinaux Nathaël | 2008 | Bouloz | 4:45.15 | 1:20.81 |
| 29 | 1007 | Fragnière Alexis | 2008 | Bouloz | 4:46.35 | 1:22.01 |
| 30 | 592 | Dévaud Colin | 2008 | Porsel | 4:47.40 | 1:23.06 |
| 31 | 563 | Joedicke Amadéo | 2008 | Fleur de Lotus | 4:48.11 | 1:23.77 |
| 32 | 600 | Gasparim Mattia | 2009 | Gym Ursy | 4:51.30 | 1:26.96 |
| 33 | 542 | Quarroz Jérémie | 2008 | Porsel | 4:54.43 | 1:30.09 |
| 34 | 1011 | Tarcley Julien | 2006 | Gym Ursy | 4:55.91 | 1:31.57 |
| 35 | 593 | Diserens Marc | 2009 | Semsaes | 4:56.00 | 1:31.66 |
| 36 | 577 | Droux Léo | 2009 | CS Marsens | 4:59.54 | 1:35.20 |
| 37 | 590 | Sonney Emilien | 2009 | Grattavache | 5:00.09 | 1:35.75 |
| 38 | 583 | Russier Simon | 2009 | Villars-sur-Glâne | 5:04.98 | 1:40.64 |
| 39 | 529 | Henriod Yoan | 2007 | SA Bulle | 5:06.18 | 1:41.84 |
| 40 | 1005 | Fragnière Nicolas | 2010 | Romont | 5:08.44 | 1:44.10 |
| 41 | 579 | Soguel Yohan | 2007 | La Verrerie | 5:13.38 | 1:49.04 |
| 42 | 1004 | Damvu Mathéo | 2008 | Ursy | 5:15.91 | 1:51.57 |
| 43 | 1006 | Fragnière Elic | 2010 | Bouloz | 5:18.49 | 1:54.15 |
| 44 | 574 | Gérard Oliver | 2011 | Remaufens | 5:53.75 | 2:29.41 |
| 45 | 558 | Stillvato Ben | 2011 | Fiaugères | 5:55.57 | 2:31.23 |

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| Cl | Dos. | Nom et prénom | Année | Club / domicile | Temps | Ecart |
|----|------|------------------|-------|-------------------|----------|---------|
| 46 | 582 | Dewarrat Thomas | 2007 | Porsel | 5:59.96 | 2:35.62 |
| 47 | 584 | Russier Matthieu | 2011 | Villars-sur-Glâne | 6:32.65 | 3:08.31 |
| 48 | 578 | Droux Simon | 2011 | CS Marsens | 6:52.31 | 3:27.97 |
| 49 | 1012 | Deschenaux Loric | 2011 | Progens | 7:40.71 | 4:16.37 |
| 50 | 571 | Menoud Basile | 2011 | Progens | 7:56.03 | 4:31.69 |
| 51 | 597 | Favre Gabriel | 2011 | Pont | 9:47.82 | 6:23.48 |
| 52 | 596 | Favre Noé | 2014 | Pont | 10:16.05 | 6:51.71 |

FEC Ecolières C /Schülerinnen C 2006 et plus 1 Km

| | | | | | | |
|----|------|---------------------------|------|---------------------|----------|---------|
| 1 | 523 | Habegger Eva | 2007 | SA Bulle | 3:52.80 | |
| 2 | 521 | Magnin Elodie | 2006 | CS Hauteville | 4:10.04 | 17.24 |
| 3 | 569 | Savary Julie | 2007 | CS Marsens | 4:20.92 | 28.12 |
| 4 | 594 | Levrat Julie | 2006 | SC Bouloz | 4:24.00 | 31.20 |
| 5 | 565 | Gillan Margaux | 2006 | Esmonts | 4:34.21 | 41.41 |
| 6 | 588 | Portier Orlane | 2006 | Porsel | 4:35.04 | 42.24 |
| 7 | 538 | Mercier Chloé | 2008 | Froideville | 4:38.44 | 45.64 |
| 8 | 533 | Micoulet Julie | 2007 | SA Bulle | 4:41.46 | 48.66 |
| 9 | 564 | Gillon Maude | 2006 | Esmonts | 4:54.43 | 1:01.63 |
| 10 | 546 | Perroud Florine | 2006 | CARC Romont | 4:58.77 | 1:05.97 |
| 11 | 1002 | Jossevel Manon | 2006 | Gym Ursy | 4:59.00 | 1:06.20 |
| 12 | 553 | Progin Aïna | 2009 | Le Crêt | 5:03.66 | 1:10.86 |
| 13 | 550 | Grange Devillers Romane | 2009 | Bouloz | 5:07.94 | 1:15.14 |
| 14 | 581 | Dewarrat Chiara | 2009 | Porsel | 5:12.12 | 1:19.32 |
| 15 | 570 | Deschenaux Clelia | 2008 | Progens | 5:12.45 | 1:19.65 |
| 16 | 567 | Uldry Solène | 2009 | Châtel-St-Denis | 5:14.20 | 1:21.40 |
| 17 | 555 | Oumaziz Ida | 2009 | Châtel-St-Denis | 5:17.34 | 1:24.54 |
| 18 | 1000 | Favre Anne | 2009 | Gym Ursy | 5:19.37 | 1:26.57 |
| 19 | 560 | Cardinaux Maëline | 2006 | Bouloz | 5:22.55 | 1:29.75 |
| 20 | 1003 | Genre-Jarelet Alexandra | 2007 | Gym Ursy | 5:24.09 | 1:31.29 |
| 21 | 1008 | Dubois Amelia | 2008 | Vuisternens en ogoz | 5:27.22 | 1:34.42 |
| 22 | 585 | Modaffari Greta | 2011 | Visp | 5:50.57 | 1:57.77 |
| 23 | 556 | Oumaziz Judith | 2011 | Châtel-St-Denis | 5:53.21 | 2:00.41 |
| 24 | 599 | Gaspareri Margaux | 2007 | Gym Ursy | 5:56.50 | 2:03.70 |
| 25 | 561 | Cardinaux Gaëlane | 2009 | Bouloz | 5:59.25 | 2:06.45 |
| 26 | 1009 | Grange-Devillers Mathilde | 2010 | Bouloz | 6:01.12 | 2:08.32 |
| 27 | 568 | Eich Alicia | 2011 | Les Cullayes | 6:24.63 | 2:31.83 |
| 28 | 552 | Progin Kenza | 2011 | Le Crêt | 6:29.30 | 2:36.50 |
| 29 | 580 | Seydoux Lucie | 2007 | Porsel | 6:57.48 | 3:04.68 |
| 30 | 547 | Ropraz Julia | 2012 | CS Vallée du Flon | 6:58.52 | 3:05.72 |
| 31 | 524 | Currat Angéline | 2010 | Grattavache | 7:15.71 | 3:22.91 |
| 32 | 595 | Maillard Chloé | 2012 | Porsel | 8:15.31 | 4:22.51 |
| 33 | 575 | Habegger Leslie | 2011 | SA Bulle | 8:34.37 | 4:41.57 |
| 34 | 598 | Schafeitel Noa | 2012 | Vauderens | 9:25.96 | 5:33.16 |
| 35 | 591 | Dévaud Amélie | 2013 | Porsel | 10:18.85 | 6:26.05 |
| 36 | 1010 | Schornoz Nora | 2013 | Avenches | 11:17.74 | 7:24.94 |

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|--|------|----------------------|-------|-----------------------|-----------------|---------|
| MEB Ecoliers B / Schüler B 2004 - 2005 2 Km | | | | | | |
| 1 | 471 | Métraux Dorian | 2004 | Croc-Kil Leysin | 6:39.58 | |
| 2 | 462 | Oliveira Lucas | 2005 | Running Team Prilly | 7:00.17 | 20.59 |
| 3 | 486 | Feyer Joël | 2005 | LA Plaffeien | 7:03.58 | 24.00 |
| 4 | 490 | Ropraz Sabri | 2004 | Bulle | 7:15.08 | 35.50 |
| 5 | 448 | Sudan Simon | 2005 | SA Bulle | 7:17.49 | 37.91 |
| 6 | 451 | Brandenberger Max | 2004 | CS Hauteville | 7:18.04 | 38.46 |
| 7 | 452 | Schüpbach Jamie | 2005 | Gerbersport | 7:35.40 | 55.82 |
| 8 | 465 | Risse Lucas | 2004 | SA Bulle | 7:58.27 | 1:18.69 |
| 9 | 479 | Gillon Lucien | 2004 | Esmonts | 8:00.05 | 1:20.47 |
| 10 | 460 | Rossi Etienne | 2004 | CS Hauteville | 8:05.86 | 1:26.28 |
| 11 | 474 | Grivel Tim | 2004 | Esmonts | 8:10.30 | 1:30.72 |
| 12 | 484 | Deillon Matteo | 2004 | Grattavache | 8:10.68 | 1:31.10 |
| 13 | 489 | Silva Gonçalo | 2004 | Athletique Portuguais | 8:16.56 | 1:36.98 |
| 14 | 487 | Santos Ricardo | 2005 | CAP Fribourg | 8:22.65 | 1:43.07 |
| 15 | 458 | Bulliard Mathias | 2005 | CS Hauteville | 8:39.51 | 1:59.93 |
| 16 | 493 | Diserens Lucas | 2005 | Semsaes | 8:44.40 | 2:04.82 |
| 17 | 470 | Vial Noan | 2004 | Grattavache | 8:46.73 | 2:07.15 |
| 18 | 468 | Castella Rémi | 2004 | CS Vallée du Flon | 8:49.73 | 2:10.15 |
| 19 | 466 | Cuénoud Vincent | 2004 | AthleticaOron | 9:49.72 | 3:10.14 |
| 20 | 480 | De Brabandere Célien | 2004 | Villars-sur-Glâne | 9:57.70 | 3:18.12 |
| 21 | 498 | Duqaj Valdrin | 2004 | Porsel | 10:24.13 | 3:44.55 |

| | | | | | | |
|--|-----|-------------------|------|-------------------|-----------------|---------|
| FEB Ecolières B / Schülerinnen B 2004 - 2005 2 Km | | | | | | |
| 1 | 455 | Varenne Manon | 2004 | SA Bulle | 7:17.21 | |
| 2 | 473 | Pauchaud Manon | 2005 | CS Hauteville | 7:23.57 | 6.36 |
| 3 | 477 | Joedicke Padmé | 2005 | Fleur de Lotus | 7:37.01 | 19.80 |
| 4 | 478 | Rapp Noémie | 2004 | La Côte Runners | 7:37.55 | 20.34 |
| 5 | 469 | Tâche Louna | 2005 | Athletica Veveyse | 8:11.36 | 54.15 |
| 6 | 481 | Savary Elodie | 2004 | CS Marsens | 8:19.01 | 1:01.80 |
| 7 | 441 | Progin Louise | 2004 | SA Bulle | 8:23.89 | 1:06.68 |
| 8 | 464 | Braillard Alexia | 2004 | SA Bulle | 9:12.48 | 1:55.27 |
| 9 | 483 | Thürler Valentine | 2005 | Ursy | 10:00.36 | 2:43.15 |
| 10 | 446 | Huber Ariane | 2004 | SA Bulle | 10:06.97 | 2:49.76 |
| 11 | 502 | Bersier Julie | 2004 | Villaraboud | 10:33.73 | 3:16.52 |
| 12 | 497 | Portier Gaëlle | 2004 | Gym Ursy | 10:57.22 | 3:40.01 |
| 13 | 501 | Borcard Léane | 2004 | Villaraboud | 11:25.74 | 4:08.53 |
| 14 | 503 | Bersier Alison | 2004 | Villaraboud | 11:27.75 | 4:10.54 |
| 15 | 491 | Dévaud Marion | 2005 | Porsel | 11:43.52 | 4:26.31 |
| 16 | 500 | Borcard Emma | 2005 | Villaraboud | 11:49.04 | 4:31.83 |

| | | | | | | |
|--|-----|---------------|------|----------|----------------|--|
| MEA Ecoliers A / Schüler A 2002 - 2003 2 Km | | | | | | |
| 1 | 461 | Tâche Antoine | 2002 | SA Bulle | 6:32.86 | |

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|----|------|----------------------|-------|-----------------|---------|---------|
| 2 | 459 | Bulliard Thibault | 2002 | CS Hauteville | 6:45.37 | 12.51 |
| 3 | 488 | Monney Arnaud | 2002 | Corpataux | 6:59.66 | 26.80 |
| 4 | 447 | Buclin Simon | 2002 | CS Marsens | 7:06.65 | 33.79 |
| 5 | 472 | Métraux Thibault | 2002 | Croc-Kil Leysin | 7:10.33 | 37.47 |
| 6 | 456 | Morin Hugo | 2003 | SA Bulle | 7:14.43 | 41.57 |
| 7 | 442 | Dupré Arnaud | 2003 | CA Belfaux | 7:16.29 | 43.43 |
| 8 | 499 | Débaz Pierre | 2002 | Rossenges | 7:25.52 | 52.66 |
| 9 | 505 | Bongard Mathias | 2003 | Porsel | 7:51.97 | 1:19.11 |
| 10 | 492 | Dougoud Vincent | 2003 | Chapelle | 7:59.66 | 1:26.80 |
| 11 | 504 | Dénervaud Christophe | 2003 | Ski-Club Bouloz | 8:25.02 | 1:52.16 |
| 12 | 449 | Ansermot Théo | 2003 | SA Bulle | 8:35.31 | 2:02.45 |
| 13 | 494 | Levrat Antoine | 2003 | SC Bouloz | 9:08.12 | 2:35.26 |

FEA Ecolières A / Schülerinnen A 2002 - 2003 2 Km

| | | | | | | |
|----|-----|------------------------|------|---------------------|----------|---------|
| 1 | 485 | Romanens Natacha | 2003 | SA Bulle | 7:16.75 | |
| 2 | 444 | Cattin Charlyne | 2002 | SA Bulle | 7:36.48 | 19.73 |
| 3 | 454 | Oliveira Laurène | 2003 | Running Team Prilly | 7:52.84 | 36.09 |
| 4 | 457 | Berchier Mathilde | 2003 | CS Hauteville | 7:54.85 | 38.10 |
| 5 | 453 | Vallélian Lola | 2003 | SA Bulle | 7:57.59 | 40.84 |
| 6 | 475 | Sonney Emma | 2002 | SA Bulle | 8:25.47 | 1:08.72 |
| 7 | 495 | Garressus Norah | 2003 | Villarimboud | 8:38.67 | 1:21.92 |
| 8 | 476 | Egger Samatha | 2002 | SA Bulle | 8:44.97 | 1:28.22 |
| 9 | 443 | Honoré Manon | 2003 | SA Bulle | 8:54.23 | 1:37.48 |
| 10 | 463 | Progin Rose | 2002 | SA Bulle | 8:56.82 | 1:40.07 |
| 11 | 482 | Thürler Natacha | 2003 | Ursy | 9:28.97 | 2:12.22 |
| 12 | 496 | Genre-Jaselet Angeline | 2002 | Vauderens | 13:28.79 | 6:12.04 |

M17 Cadets / Knaben 1998 - 2001 5,5 Km

| | | | | | | |
|----|-----|--------------------|------|--------------------------------|----------|---------|
| 1 | 402 | Curty Thibault | 1999 | CARC Romont | 20:28.58 | |
| 2 | 361 | Pugin Baptiste | 1998 | SA Bulle | 20:48.85 | 20.27 |
| 3 | 366 | Konrad Niklas | 1999 | SA Bulle | 21:49.93 | 1:21.35 |
| 4 | 393 | Morin Pierre | 2000 | SA Bulle | 22:22.40 | 1:53.82 |
| 5 | 405 | Cardinaux Vincent | 1998 | CS Vallée du Flon | 22:39.21 | 2:10.63 |
| 6 | 377 | Rauber Julian | 2000 | SC Im Fang | 22:45.80 | 2:17.22 |
| 7 | 406 | Currat Fabien | 1999 | CS Vallée du Flon | 23:00.02 | 2:31.44 |
| 8 | 415 | Grand Sébastien | 2000 | SA Bulle | 23:02.88 | 2:34.30 |
| 9 | 412 | Gay Bastien | 1998 | Ski-club Grattavache - Le Crêt | 23:15.57 | 2:46.99 |
| 10 | 385 | Konrad Jonas | 1998 | SA Bulle | 23:33.04 | 3:04.46 |
| 11 | 367 | Berchier Guillaume | 2000 | CS Hauteville | 24:19.18 | 3:50.60 |
| 12 | 431 | Morard Quentin | 2001 | CS Marsens | 24:54.50 | 4:25.92 |
| 13 | 403 | Monnard Steve | 1999 | CS Vallée du Flon | 26:57.33 | 6:28.75 |
| 14 | 379 | Quartenoud Alexis | 2000 | Le Mouret | 30:23.98 | 9:55.40 |

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F17 Cadettes / Mädchen 1998 - 2001 5,5 Km

| | | | | | | |
|----|-----|--------------------|------|--------------------------------|----------|---------|
| 1 | 404 | Monney Marion | 2000 | CAG Farvagny | 25:25.98 | |
| 2 | 396 | Tollenaar Camille | 1999 | SA Bulle | 26:22.01 | 56.03 |
| 3 | 363 | Margot Chloé | 1999 | CS Vallée du Flon | 27:22.21 | 1:56.23 |
| 4 | 368 | Romanens Charlotte | 2001 | SA Bulle | 27:38.25 | 2:12.27 |
| 5 | 390 | Rauber Katja | 1999 | SC Im Fang | 27:45.23 | 2:19.25 |
| 6 | 391 | Panchard Viviane | 1998 | ACPM Matran | 27:52.76 | 2:26.78 |
| 7 | 400 | Bovigny Elise | 2001 | SA Bulle | 29:09.66 | 3:43.68 |
| 8 | 375 | Yerly Louise | 1999 | SA Bulle | 29:18.28 | 3:52.30 |
| 9 | 365 | Gremion Pascaline | 2001 | SA Bulle | 30:04.43 | 4:38.45 |
| 10 | 397 | Yerly Emma | 2001 | SA Bulle | 30:05.41 | 4:39.43 |
| 11 | 395 | Fragnière Pauline | 1999 | CS Hauteville | 30:53.04 | 5:27.06 |
| 12 | 410 | Gay Lara | 2001 | Ski-club Grattavache - Le Crêt | 33:08.89 | 7:42.91 |

M19 Messieurs Juniors / Junioren 1996 - 1997 5,5 Km

| | | | | | | |
|---|-----|-------------------|------|-----------------------|----------|---------|
| 1 | 423 | Audriaz Stéphane | 1996 | CA Belfaux | 20:29.18 | |
| 2 | 362 | Grivel Robin | 1996 | CS Hauteville | 21:18.68 | 49.50 |
| 3 | 420 | Bugnard Alexandre | 1997 | Remaufens | 21:33.67 | 1:04.49 |
| 4 | 382 | Singh Inderpreet | 1997 | Châtel-St-Denis | 22:18.99 | 1:49.81 |
| 5 | 401 | Hugonnet Hervé | 1996 | Individuel | 22:38.55 | 2:09.37 |
| 6 | 384 | Caron Antoine | 1997 | Trilogie Running Team | 23:41.44 | 3:12.26 |
| 7 | 380 | Fragnière Bruno | 1997 | CS Hauteville | 23:44.30 | 3:15.12 |
| 8 | 429 | Spicher Reto | 1996 | TSV Rechthalten | 24:49.01 | 4:19.83 |

F19 Dames Juniors / Juniorinnen 1996 - 1997 5,5 Km

| | | | | | | |
|---|-----|-----------------|------|-------------|----------|---------|
| 1 | 407 | Pochon Alina | 1997 | CS Neirivue | 22:23.28 | |
| 2 | 419 | Epiney Florence | 1996 | CA Marly | 25:50.48 | 3:27.20 |
| 3 | 374 | Schöpfer Carole | 1996 | LAT Sense | 26:56.12 | 4:32.84 |
| 4 | 399 | Lerch Selina | 1997 | ACPM Murten | 31:37.15 | 9:13.87 |

M20 Messieurs / Männer 1976 - 1995 12,5 Km

| | | | | | | |
|----|-----|-----------------------|------|-----------------------|----------|---------|
| 1 | 277 | Costa César | 1976 | Asics Mont | 42:40.93 | |
| 2 | 261 | Theytaz Jean-Pierre | 1983 | CA Sierre | 44:39.91 | 1:58.98 |
| 3 | 120 | Bailly Gilles | 1977 | FSG La Neuveville | 44:50.95 | 2:10.02 |
| 4 | 139 | Cardinaux Pierre-Yves | 1986 | CS Vallée du Flon | 45:44.51 | 3:03.58 |
| 5 | 68 | Girard Damien | 1992 | CARC Romont | 46:29.99 | 3:49.06 |
| 6 | 132 | Baghin Fabio | 1984 | Trilogie Running Team | 47:03.44 | 4:22.51 |
| 7 | 106 | Conus Thierry | 1976 | CS Vallée du Flon | 47:10.26 | 4:29.33 |
| 8 | 302 | Débaz Philippe | 1978 | Rossenges | 48:04.31 | 5:23.38 |
| 9 | 174 | Chaudoye Fabien | 1983 | B3 Bulle Triathlon | 48:42.43 | 6:01.50 |
| 10 | 26 | Balmer Jonathan | 1993 | CS Hauteville | 49:03.47 | 6:22.54 |

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|----|------|-------------------------|-------|--------------------------------|------------|----------|
| 11 | 33 | Demierre Stéphane | 1990 | deex app | 49:06.38 | 6:25.45 |
| 12 | 310 | Simonet David | 1994 | CA Belfaux | 49:12.53 | 6:31.60 |
| 13 | 175 | Vonlanthen Yvan | 1985 | TSV Rechthalten | 49:16.60 | 6:35.67 |
| 14 | 340 | Savary Ivar | 1992 | Cycles Pache | 49:19.07 | 6:38.14 |
| 15 | 100 | Fleury Lucien | 1993 | CARC Romont | 49:41.21 | 7:00.28 |
| 16 | 131 | Clément Mathieu | 1995 | CS Hauteville | 50:00.93 | 7:20.00 |
| 17 | 339 | Deillon Bertrand | 1985 | La Joux | 50:24.16 | 7:43.23 |
| 18 | 101 | Vauthier Vladimir | 1986 | Les Vieux-Prés | 51:04.05 | 8:23.12 |
| 19 | 286 | Rauber Sebastien | 1990 | SC Im Fang | 51:06.79 | 8:25.86 |
| 20 | 126 | Almeida Nuno | 1980 | Trilogie Running Team | 51:27.83 | 8:46.90 |
| 21 | 67 | Glannaz Olivier | 1977 | CAG Farvagny | 51:34.70 | 8:53.77 |
| 22 | 164 | Kolly Kévin | 1995 | Cs Hauteville | 51:43.05 | 9:02.12 |
| 23 | 128 | Pasquier Christophe | 1980 | CS Marsens | 52:07.00 | 9:26.07 |
| 24 | 256 | Gay Julien | 1989 | NEW CONCEPT SPORTS | 52:31.00 | 9:50.07 |
| 25 | 319 | Maillard Jérôme | 1979 | Evasion | 52:57.31 | 10:16.38 |
| 26 | 36 | Vogt Philippe | 1980 | LAT Sense | 53:02.59 | 10:21.66 |
| 27 | 69 | Rime Olivier | 1976 | CAG Farvagny | 53:16.21 | 10:35.28 |
| 28 | 258 | Mauron Vincent | 1984 | CARC Romont | 53:58.78 | 11:17.85 |
| 29 | 91 | Krummen Thomas | 1987 | TV Bösingén | 54:02.96 | 11:22.03 |
| 30 | 12 | Schaller Damien | 1992 | CA Marly | 54:15.65 | 11:34.72 |
| 31 | 147 | Mory Etienne | 1990 | Villariaz | 54:59.04 | 12:18.11 |
| 32 | 272 | Grognoz Vincent | 1994 | CS Vallée du Flon | 55:24.04 | 12:43.11 |
| 33 | 327 | Charrière Johann | 1986 | Grattavache | 55:26.01 | 12:45.08 |
| 34 | 79 | Gonzalez Amat Jose Luis | 1979 | Les fous du Dimanche | 55:30.63 | 12:49.70 |
| 35 | 152 | Pittet Christophe | 1977 | Trilogie Running Team | 55:51.34 | 13:10.41 |
| 36 | 72 | Perisset Laurent | 1982 | Footing club Lausanne | 56:24.90 | 13:43.97 |
| 37 | 35 | Seydoux Laurent | 1985 | FSG Sâles | 56:33.20 | 13:52.27 |
| 38 | 322 | Piccand Sébastien | 1982 | CAG Farvagny | 56:44.29 | 14:03.36 |
| 39 | 281 | Charrière Gaël | 1982 | Lausanne | 56:51.16 | 14:10.23 |
| 40 | 90 | Ferreira Filipe | 1990 | CAP Fribourg | 57:20.38 | 14:39.45 |
| 41 | 268 | Droux Daniel | 1979 | CARC Romont | 57:24.83 | 14:43.90 |
| 42 | 29 | Samuel Gilles | 1978 | SwissPertrail | 57:39.77 | 14:58.84 |
| 43 | 107 | Udry Matthias | 1988 | LAT Sense | 57:40.71 | 14:59.78 |
| 44 | 321 | Favre Rodolphe | 1976 | ES Ayent | 58:01.69 | 15:20.76 |
| 45 | 173 | Mesot Vincent | 1984 | La Joux | 58:42.18 | 16:01.25 |
| 46 | 309 | Caldas Miguel | 1985 | Ponterrolense | 58:42.72 | 16:01.79 |
| 47 | 245 | Vial Bertrand | 1978 | Ski-club Grattavache - Le Crêt | 58:46.51 | 16:05.58 |
| 48 | 265 | Chassot Frédéric | 1989 | Tatroz | 59:01.29 | 16:20.36 |
| 49 | 62 | Käser Michael | 1981 | TV Bösingén | 59:30.57 | 16:49.64 |
| 50 | 87 | Francey Jérôme | 1988 | CA Marly | 59:47.54 | 17:06.61 |
| 51 | 146 | Jaton Norbert | 1978 | Footing club Lausanne | 59:48.92 | 17:07.99 |
| 52 | 344 | Repond Edouard | 1988 | Broc | 1h00:15.67 | 17:34.74 |
| 53 | 124 | Santos Daniel | 1987 | Clarens | 1h00:16.22 | 17:35.29 |
| 54 | 288 | Yerly Simon | 1988 | Jeunesse La Joux | 1h00:27.37 | 17:46.44 |
| 55 | 314 | Pittet Rodolphe | 1990 | La Joux | 1h00:59.67 | 18:18.74 |
| 56 | 150 | Germann Pascal | 1980 | Morges | 1h01:28.62 | 18:47.69 |
| 57 | 303 | Millasson Steve | 1980 | Les Millass | 1h01:53.94 | 19:13.01 |
| 58 | 55 | Papaux Baptiste | 1985 | VBC Smile | 1h02:26.19 | 19:45.26 |
| 59 | 317 | Aeby Thomas | 1987 | Dompièrre | 1h03:04.75 | 20:23.82 |

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|----|------|-----------------------|-------|-----------------------|------------|----------|
| 60 | 71 | Jolliet Julien | 1986 | Bulle | 1h03:18.43 | 20:37.50 |
| 61 | 280 | Gremaud Olivier | 1988 | LHC Treyvaux | 1h03:22.44 | 20:41.51 |
| 62 | 345 | Correia Daniel | 1989 | Porsel | 1h03:33.75 | 20:52.82 |
| 63 | 315 | Pereira Marco | 1981 | CAP Fribourg | 1h04:00.39 | 21:19.46 |
| 64 | 260 | Chapatte Jean-Luc | 1977 | ACPM Matran | 1h04:02.43 | 21:21.50 |
| 65 | 112 | Denervaud Claude | 1979 | Bouloz | 1h05:28.12 | 22:47.19 |
| 66 | 54 | Fernandes Nuno | 1983 | CAP Fribourg | 1h05:47.46 | 23:06.53 |
| 67 | 47 | Berset Frédéric | 1981 | CAG Farvagny | 1h06:14.04 | 23:33.11 |
| 68 | 118 | Garin Joël | 1987 | UHT Semsales | 1h06:38.32 | 23:57.39 |
| 69 | 85 | Fernandes Celso | 1978 | CAP Fribourg | 1h09:07.63 | 26:26.70 |
| 70 | 279 | Guillochon Christophe | 1978 | Promasens | 1h09:12.02 | 26:31.09 |
| 71 | 304 | Millasson Hervé | 1982 | Châtel-St-Denis | 1h09:16.69 | 26:35.76 |
| 72 | 116 | Corboz Simon | 1994 | Vesin | 1h10:56.94 | 28:16.01 |
| 73 | 171 | Rey Jerome | 1977 | Porsel | 1h12:43.62 | 30:02.69 |
| 74 | 84 | Sudan Olivier | 1984 | Prez-vers-Siviriez | 1h12:45.71 | 30:04.78 |
| 75 | 133 | Crespo Jose | 1976 | Renens | 1h15:01.55 | 32:20.62 |
| 76 | 337 | Duarte Filipe | 1978 | Les fous du Dimanche | 1h17:11.08 | 34:30.15 |
| 77 | 130 | Fernandes Pedro | 1976 | Trilogie Running Team | 1h17:24.59 | 34:43.66 |
| 78 | 334 | Buchs Claudio | 1976 | Les fous du Dimanche | 1h20:09.50 | 37:28.57 |
| 79 | 263 | Cachin Philippe | 1980 | Rossens | 1h31:59.32 | 49:18.39 |

Abandons

| | | | |
|-----|-----------------|------|--------------|
| 291 | Hockenjos Basil | 1992 | Leghorn Band |
|-----|-----------------|------|--------------|

M40 Vétérans 1 / Veteran I 1966 - 1975 12,5 Km

| | | | | | | |
|----|-----|--------------------|------|-------------------|----------|----------|
| 1 | 137 | Morgado Mário | 1975 | CAP Fribourg | 44:26.18 | |
| 2 | 78 | Brügger Werner | 1975 | TSV Rechthalten | 46:23.12 | 1:56.94 |
| 3 | 292 | Grünig Kaspar | 1973 | TSV Düdingen | 46:51.09 | 2:24.91 |
| 4 | 66 | Etter Robert | 1970 | Gerbersport | 48:39.68 | 4:13.50 |
| 5 | 135 | Romanens Pierre | 1973 | CAG Farvagny | 50:04.77 | 5:38.59 |
| 6 | 89 | Lüthi Oliver | 1973 | LAT Sense | 50:50.92 | 6:24.74 |
| 7 | 45 | Piccand Cédric | 1975 | CAG Farvagny | 50:54.43 | 6:28.25 |
| 8 | 103 | Mesot Jean-Pierre | 1969 | CS Vallée du Flon | 51:19.98 | 6:53.80 |
| 9 | 117 | Favre Sébastien | 1970 | La Tour-de-Trême | 51:47.66 | 7:21.48 |
| 10 | 274 | Costa Albino | 1968 | CA Fribourg | 52:46.16 | 8:19.98 |
| 11 | 293 | Barras Cédric | 1971 | Montet | 52:52.92 | 8:26.74 |
| 12 | 418 | Gasparini Davide | 1972 | Vauderens | 52:57.55 | 8:31.37 |
| 13 | 119 | Roze Fabrice | 1971 | CAP Fribourg | 53:13.19 | 8:47.01 |
| 14 | 17 | Monteiro Filipe | 1974 | LAT Sense | 53:47.03 | 9:20.85 |
| 15 | 48 | Dubey Nicolas | 1968 | CAG Farvagny | 54:00.16 | 9:33.98 |
| 16 | 99 | Mota Luis | 1967 | m.t.s | 54:08.89 | 9:42.71 |
| 17 | 283 | Legrix Samuel | 1974 | CAG Farvagny | 54:33.66 | 10:07.48 |
| 18 | 22 | Sonney Jean-Pierre | 1969 | CS Vallée du Flon | 54:34.60 | 10:08.42 |
| 19 | 169 | Porões Benjamim | 1966 | CAP Fribourg | 54:38.88 | 10:12.70 |
| 20 | 16 | Guillet Laurent | 1967 | CA Marly | 55:23.54 | 10:57.36 |
| 21 | 28 | Pochon Frédéric | 1973 | CS Hauteville | 55:41.61 | 11:15.43 |
| 22 | 257 | Rech Patrick | 1968 | TSV Rechthalten | 55:50.90 | 11:24.72 |

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|-----|------|----------------------------|-------|------------------------|------------|----------|
| 23 | 122 | Aeby Patrik | 1972 | CA Marly | 56:12.05 | 11:45.87 |
| 24 | 296 | Robadey Jacques | 1967 | FSG Bulle | 56:29.13 | 12:02.95 |
| 25 | 285 | Marmy Philippe | 1975 | Bussy | 56:36.71 | 12:10.53 |
| 26 | 70 | Baechler Gilbert | 1970 | TSV Rechthalten | 56:54.07 | 12:27.89 |
| 27 | 329 | Dousse Georges | 1968 | CA Marly | 56:59.40 | 12:33.22 |
| 28 | 262 | Varenne Frédéric | 1970 | Riaz | 57:13.02 | 12:46.84 |
| 29 | 44 | Gachoud Frédéric | 1966 | CS Vallée du Flon | 57:17.36 | 12:51.18 |
| 30 | 63 | Barbey Rene | 1967 | Velo Club Lausanne | 57:20.93 | 12:54.75 |
| 31 | 295 | Genoud Patrick | 1969 | CS Marsens | 57:21.97 | 12:55.79 |
| 32 | 3 | Ody Damien | 1971 | CS Marsens | 57:48.29 | 13:22.11 |
| 33 | 250 | Panchaud Norbert | 1975 | CS Hauteville | 58:26.96 | 14:00.78 |
| 34 | 27 | Barras Pascal | 1969 | CA Belfaux | 58:47.17 | 14:20.99 |
| 35 | 255 | Uldry Marc | 1975 | Triviera | 59:05.63 | 14:39.45 |
| 36 | 270 | Zosso François | 1968 | Domdidier | 59:13.87 | 14:47.69 |
| 37 | 162 | Buclin Hyun | 1971 | CS Marsens | 59:14.58 | 14:48.40 |
| 38 | 42 | Gavillet Philippe | 1966 | CAG Farvagny | 59:18.38 | 14:52.20 |
| 39 | 76 | Clément Georges | 1971 | CS Hauteville | 59:38.21 | 15:12.03 |
| 40 | 57 | Margot Vincent | 1968 | CS Vallée du Flon | 59:41.94 | 15:15.76 |
| 41 | 251 | Oumaziz Hamid | 1968 | Châtel-St-Denis | 59:48.09 | 15:21.91 |
| 42 | 331 | Dubey Eric | 1969 | Sévaz | 1h00:06.06 | 15:39.88 |
| 43 | 24 | Pittet Patrice | 1975 | CAG Farvagny | 1h00:07.32 | 15:41.14 |
| 44 | 165 | Perritaz Joël | 1968 | CARC Romont | 1h00:21.00 | 15:54.82 |
| 45 | 41 | Rutscho Jean-Daniel | 1967 | CS Marsens | 1h00:34.13 | 16:07.95 |
| 46 | 19 | Sigrist Vladimir | 1974 | CS Neirivue | 1h01:21.15 | 16:54.97 |
| 47 | 2 | Neves Geraldo | 1975 | CAP Fribourg | 1h02:15.09 | 17:48.91 |
| 48 | 311 | Richoz Pascal | 1971 | CARC Romont | 1h02:28.16 | 18:01.98 |
| 49 | 163 | Currat François | 1970 | CS Vallée du Flon | 1h02:30.36 | 18:04.18 |
| 50 | 115 | Sciboz Hubert | 1968 | VBC Smile | 1h03:22.93 | 18:56.75 |
| 51 | 9 | Mercier Thierry | 1973 | Froideville | 1h03:44.02 | 19:17.84 |
| 52 | 114 | Soares Augusto | 1966 | CAP Fribourg | 1h04:25.11 | 19:58.93 |
| 53 | 75 | Savary Laurent | 1971 | CS Marsens | 1h04:41.70 | 20:15.52 |
| 54 | 97 | Richoz Olivier | 1969 | CS Vallée du Flon | 1h04:44.72 | 20:18.54 |
| 55 | 13 | Genoud Patrick | 1969 | Châtel-St-Denis | 1h05:17.19 | 20:51.01 |
| 56 | 332 | Cuennet Yvan | 1971 | Semi Marathon Fribourg | 1h06:35.36 | 22:09.18 |
| 57 | 341 | Guisolan François | 1970 | ACPM Matran | 1h06:42.39 | 22:16.21 |
| 58 | 96 | Hassler Nicolas | 1971 | FSG Sâles | 1h07:00.90 | 22:34.72 |
| 59 | 284 | Dougoud Alexandre | 1975 | Trilogie Running Team | 1h07:39.30 | 23:13.12 |
| 60 | 136 | Decorvet Herbert | 1966 | TV Bösingen | 1h07:45.01 | 23:18.83 |
| 61 | 330 | Marmy Christophe | 1968 | Bussy | 1h08:08.52 | 23:42.34 |
| 62 | 46 | Bifrare Frédéric | 1967 | CARC Romont | 1h08:10.33 | 23:44.15 |
| 63 | 98 | Kolly Christian | 1967 | CAG Farvagny | 1h08:34.89 | 24:08.71 |
| 64 | 10 | De Gasparo Charles-Etienne | 1966 | LAT Sense | 1h09:14.55 | 24:48.37 |
| 65 | 5 | Pepè Cetrangolo | 1970 | libero | 1h10:05.36 | 25:39.18 |
| 66 | 111 | Gusset Christophe | 1973 | A Travers Cuchy | 1h11:11.11 | 26:44.93 |
| 67 | 140 | Mettraux René | 1967 | ACPM Matran | 1h12:02.64 | 27:36.46 |
| 68 | 306 | Grandgirard Bernard | 1970 | Cuchy | 1h12:25.05 | 27:58.87 |

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| M50 Vétérans 2 / Veteran 2 1956 - 1965 12,5 Km | | | | | | |
| 1 | 52 | Gianella Fabio | 1965 | Lugnorre | 48:55.29 | |
| 2 | 1 | Pache Jean-Claude | 1965 | Team Castella Sport | 49:55.33 | 1:00.04 |
| 3 | 148 | Pittet André | 1961 | CS Vallée du Flon | 50:27.68 | 1:32.39 |
| 4 | 31 | Barras Gilles | 1961 | CAG Farvagny | 51:28.76 | 2:33.47 |
| 5 | 298 | Nydegger Beat | 1961 | | 51:52.28 | 2:56.99 |
| 6 | 43 | Moulin Norbert | 1956 | Volleges | 51:59.31 | 3:04.02 |
| 7 | 34 | Bregnard Stephane | 1964 | CAP Fribourg | 52:57.70 | 4:02.41 |
| 8 | 32 | Balmer Eric | 1965 | SC Im Fang | 53:05.77 | 4:10.48 |
| 9 | 104 | Bielmann Francis | 1964 | La Roche | 53:28.63 | 4:33.34 |
| 10 | 81 | Hayoz Erwin | 1963 | CAP Fribourg | 53:34.78 | 4:39.49 |
| 11 | 77 | Moreira Sergio | 1965 | CAP Fribourg | 53:43.35 | 4:48.06 |
| 12 | 269 | Conca Daniel | 1964 | AC Murten | 54:06.91 | 5:11.62 |
| 13 | 343 | Bifrare Jean-Pierre | 1958 | CS Marsens | 54:41.41 | 5:46.12 |
| 14 | 154 | Grivel Jean-Louis | 1964 | CS Marsens | 55:01.51 | 6:06.22 |
| 15 | 64 | Buchs Willy | 1964 | TSV Rechthalten | 56:45.88 | 7:50.59 |
| 16 | 113 | Mezger Stefan | 1963 | Trilogie Running Team | 57:13.85 | 8:18.56 |
| 17 | 145 | Jordan Michel | 1964 | Individuel | 57:43.12 | 8:47.83 |
| 18 | 58 | Rolao Joao | 1962 | CAP Fribourg | 57:45.10 | 8:49.81 |
| 19 | 83 | Wyssen Alwin | 1962 | TSV Rechthalten | 58:22.45 | 9:27.16 |
| 20 | 21 | Santos Amadeu | 1964 | CAP Fribourg | 58:50.25 | 9:54.96 |
| 21 | 254 | Vetter Rolf | 1965 | Molésion | 59:08.38 | 10:13.09 |
| 22 | 127 | Butty Roger | 1963 | Aucun | 59:11.73 | 10:16.44 |
| 23 | 123 | Cardinaux Bertrand | 1960 | CS Vallée du Flon | 59:19.97 | 10:24.68 |
| 24 | 313 | Mauron Gérald | 1956 | CARC Romont | 59:23.26 | 10:27.97 |
| 25 | 73 | Hirschi Hans-Peter | 1957 | CA Belfaux | 59:51.83 | 10:56.54 |
| 26 | 172 | Ayer Serge | 1965 | CAG Farvagny | 1h00:05.23 | 11:09.94 |
| 27 | 92 | Greca Josef | 1957 | CAG Farvagny | 1h00:09.19 | 11:13.90 |
| 28 | 168 | Bossel Jean Noël | 1959 | CAP Fribourg | 1h00:27.81 | 11:32.52 |
| 29 | 110 | Grandjean Denis | 1960 | CS Vallée du Flon | 1h01:36.64 | 12:41.35 |
| 30 | 86 | Angéloz Henri | 1964 | CAP Fribourg | 1h02:26.63 | 13:31.34 |
| 31 | 287 | Francey Eric | 1965 | | 1h02:27.61 | 13:32.32 |
| 32 | 153 | Zurkinden Andreas | 1965 | LAT Sense | 1h03:12.82 | 14:17.53 |
| 33 | 93 | Girard Alain | 1957 | tpf | 1h03:21.72 | 14:26.43 |
| 34 | 326 | Mauroux Patrice | 1961 | ACPM Matran | 1h03:27.38 | 14:32.09 |
| 35 | 246 | Schambach Franz | 1960 | Servion | 1h03:28.42 | 14:33.13 |
| 36 | 125 | Fleury Jacques André | 1963 | CARC Romont | 1h03:48.47 | 14:53.18 |
| 37 | 252 | Burnet Eric | 1960 | La Corbaz | 1h03:52.32 | 14:57.03 |
| 38 | 300 | Schuler Jean-Roland | 1961 | Team Lys'alp | 1h04:13.36 | 15:18.07 |
| 39 | 37 | Lirgg Uli | 1956 | Cloros Team | 1h04:57.96 | 16:02.67 |
| 40 | 80 | Bourquenoud Jacques | 1958 | Gym Ursy | 1h05:25.76 | 16:30.47 |
| 41 | 6 | Michel Rémy | 1957 | CAP Fribourg | 1h05:35.43 | 16:40.14 |
| 42 | 94 | Baptista António | 1958 | CAP Fribourg | 1h05:59.38 | 17:04.09 |
| 43 | 328 | Prélaaz Jean-Michel | 1964 | Rue | 1h06:27.72 | 17:32.43 |
| 44 | 264 | Rüfenacht Andreas | 1965 | Fiaugères | 1h06:36.13 | 17:40.84 |
| 45 | 74 | Andrey Jean-Pierre | 1959 | ACPM Matran | 1h07:10.95 | 18:15.66 |
| 46 | 320 | Aebischer Christian | 1962 | CS Vallée du Flon | 1h07:17.65 | 18:22.36 |
| 47 | 14 | Bubendorf Thomas | 1965 | Blonay | 1h07:40.56 | 18:45.27 |

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| 48 | 65 | Sousa António | 1958 | CAP Fribourg | 1h08:07.53 | 19:12.24 |
| 49 | 109 | Bérard André | 1960 | Charrat | 1h09:09.11 | 20:13.82 |
| 50 | 282 | Charrière Henri | 1957 | St-Martin | 1h09:18.45 | 20:23.16 |
| 51 | 129 | Schaller Herbert | 1961 | CA Marly | 1h09:44.98 | 20:49.69 |
| 52 | 134 | Ansermet Pascal | 1962 | Montbrelloz | 1h10:14.64 | 21:19.35 |
| 53 | 307 | Grandgirard Pierre-André | 1963 | A Travers Cuchy | 1h11:47.92 | 22:52.63 |
| 54 | 299 | Butty Christian | 1965 | FSG Sâles | 1h11:51.32 | 22:56.03 |
| 55 | 157 | Corboz Martin | 1959 | ATC Cugy | 1h14:49.69 | 25:54.40 |
| 56 | 49 | Fürst René | 1960 | ACPM Murten | 1h16:19.83 | 27:24.54 |
| 57 | 39 | Waeber René | 1959 | LAT Sense | 1h16:39.60 | 27:44.31 |
| 58 | 18 | Conne Alain | 1963 | ESSERTES | 1h22:21.17 | 33:25.88 |
| 59 | 158 | Burgy Yves | 1964 | ACPM Matran | 1h26:40.01 | 37:44.72 |

M60 Vétérans III / Veteran III 1955 et plus âgés 12,5 Km

| | | | | | | |
|----|-----|----------------------|------|-----------------------|------------|----------|
| 1 | 160 | Terreaux Bernard | 1952 | CAG Farvagny | 52:19.69 | |
| 2 | 138 | Chappuis Michel | 1954 | CAG Farvagny | 55:46.72 | 3:27.03 |
| 3 | 271 | Jenny Peter | 1951 | St.Antoni | 56:42.20 | 4:22.51 |
| 4 | 30 | Piccand Gabriel | 1954 | CAG Farvagny | 58:03.34 | 5:43.65 |
| 5 | 38 | Santos Celestino | 1955 | CAP Fribourg | 1h02:22.56 | 10:02.87 |
| 6 | 61 | Germann Christian | 1952 | Vauderens | 1h02:49.70 | 10:30.01 |
| 7 | 166 | Braillard Gabriel | 1948 | CS Vallée du Flon | 1h02:54.31 | 10:34.62 |
| 8 | 56 | Rast Jacques | 1948 | CAP Fribourg | 1h03:20.95 | 11:01.26 |
| 9 | 167 | Barras Michel | 1955 | CS Hauteville | 1h03:37.38 | 11:17.69 |
| 10 | 108 | Stritt Karl | 1950 | LAT Sense | 1h03:57.26 | 11:37.57 |
| 11 | 8 | Pauchard Bruno | 1949 | TV Bösingén | 1h04:31.71 | 12:12.02 |
| 12 | 88 | Sudan Dominique | 1954 | FSG Bulle | 1h04:48.79 | 12:29.10 |
| 13 | 266 | Rossel Jean-Luc | 1953 | Riaz | 1h06:20.63 | 14:00.94 |
| 14 | 142 | Chavaillaz Bernardin | 1943 | CAG Farvagny | 1h06:22.89 | 14:03.20 |
| 15 | 105 | Fernandes Jose | 1952 | CAP Fribourg | 1h06:37.00 | 14:17.31 |
| 16 | 333 | Pasquier Henri | 1950 | CS Hauteville | 1h07:36.06 | 15:16.37 |
| 17 | 25 | Wüst Hugo | 1943 | TV Bösingén | 1h07:48.36 | 15:28.67 |
| 18 | 253 | Tercier Michel | 1949 | Charmey | 1h08:31.15 | 16:11.46 |
| 19 | 95 | Scarfo Vincent | 1937 | Sporting Club Broyard | 1h09:06.09 | 16:46.40 |
| 20 | 149 | Soguel Daniel | 1952 | CS Vallée du Flon | 1h09:17.13 | 16:57.44 |
| 21 | 15 | Descloux Marcel | 1948 | CS Marsens | 1h09:39.60 | 17:19.91 |
| 22 | 159 | Robadey Félix | 1944 | FSG Bulle | 1h09:56.57 | 17:36.88 |
| 23 | 60 | Overney Henri | 1943 | CA Marly | 1h12:23.18 | 20:03.49 |
| 24 | 40 | Petrulli Salvatore | 1946 | CAP Fribourg | 1h14:17.39 | 21:57.70 |
| 25 | 151 | Eggimann Ruedi | 1947 | FSG Bulle | 1h16:23.89 | 24:04.20 |
| 26 | 23 | Piccand Jacques | 1953 | SA Bulle | 1h17:24.98 | 25:05.29 |
| 27 | 247 | Currat Marcel | 1949 | CS vallée du Flon | 1h18:31.17 | 26:11.48 |
| 28 | 53 | Messerli Hervé | 1953 | SA Bulle | 1h20:35.92 | 28:16.23 |
| 29 | 141 | Tissot Michel | 1947 | Broc | 1h24:26.30 | 32:06.61 |

F20 Dames I / Damen I 1976 - 1995 12,5 Km

| | | | | | | |
|---|-----|------------|------|-------------------|----------|--|
| 1 | 220 | Jenny Inge | 1978 | TSV Düdingen/MAHU | 51:26.13 | |
|---|-----|------------|------|-------------------|----------|--|

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|----|------|--------------------------|-------|------------------------------|------------|----------|
| 2 | 217 | Bürgisser Nicole | 1983 | LAT Sense | 51:30.85 | 4.72 |
| 3 | 176 | Schumacher Virginie | 1978 | Trilogie Running Team | 53:31.59 | 2:05.46 |
| 4 | 186 | Romanens Christelle | 1978 | CAG Farvagny | 54:34.05 | 3:07.92 |
| 5 | 422 | Mooser Natacha | 1976 | SC Im Fang | 56:37.92 | 5:11.79 |
| 6 | 181 | Buchs Rachel | 1989 | TSV Rechthalten | 56:45.50 | 5:19.37 |
| 7 | 243 | Marmy Delphine | 1993 | CAG Farvagny | 57:28.62 | 6:02.49 |
| 8 | 231 | Kaymaz Zibung Irene | 1983 | LAT Sense | 57:40.27 | 6:14.14 |
| 9 | 215 | Colliard Laura | 1988 | La Tour-de-Trême | 57:50.65 | 6:24.52 |
| 10 | 204 | Morgado Madalena | 1978 | CAP Fribourg | 58:07.51 | 6:41.38 |
| 11 | 249 | Gachet Yvan | 1976 | Vauderens | 58:31.19 | 7:05.06 |
| 12 | 273 | Colonna Elena | 1982 | Visp | 58:41.52 | 7:15.39 |
| 13 | 336 | Sampaio Stéphanie | 1984 | Les fous du Dimanche | 59:11.07 | 7:44.94 |
| 14 | 213 | Repond France | 1990 | SA Bulle | 59:34.47 | 8:08.34 |
| 15 | 188 | Almeida Laetitia | 1985 | Trilogie Running Team/Brooks | 59:52.32 | 8:26.19 |
| 16 | 189 | Favre Anne | 1980 | Team Lys'alp | 1h00:13.31 | 8:47.18 |
| 17 | 235 | Traglia Lora | 1988 | CAP Fribourg | 1h01:29.72 | 10:03.59 |
| 18 | 208 | Moulin Marina | 1983 | Vollèges | 1h02:24.10 | 10:57.97 |
| 19 | 183 | Conus Kathleen | 1988 | CS Vallée du Flon | 1h02:33.49 | 11:07.36 |
| 20 | 221 | Seydoux Josepha | 1989 | CS Vallée du Flon | 1h02:58.87 | 11:32.74 |
| 21 | 290 | Brodard Guillet Nathalie | 1978 | Les Sansoucis Echarlens | 1h03:08.76 | 11:42.63 |
| 22 | 242 | Fragnière Emilie | 1993 | Bulle | 1h04:15.94 | 12:49.81 |
| 23 | 223 | Uldry Aline | 1988 | FC la Sionge | 1h04:19.95 | 12:53.82 |
| 24 | 312 | Minning Maëlle | 1995 | CS Hauteville | 1h06:01.85 | 14:35.72 |
| 25 | 323 | Schouwey Karine | 1980 | CAG Farvagny | 1h06:02.73 | 14:36.60 |
| 26 | 238 | Baghin Zuzana | 1984 | Trilogie Running Team | 1h06:35.03 | 15:08.90 |
| 27 | 230 | Fleury Justine | 1995 | CARC Romont | 1h06:53.81 | 15:27.68 |
| 28 | 289 | Diserens Céline | 1984 | UHT Semsales | 1h07:52.32 | 16:26.19 |
| 29 | 209 | Dubois Florence | 1976 | vuisternens en ogoz | 1h07:58.41 | 16:32.28 |
| 30 | 259 | Chapatte Doris | 1980 | ACPM Matran | 1h08:41.31 | 17:15.18 |
| 31 | 193 | Schöpfer Corina | 1994 | LAT Sense | 1h08:53.40 | 17:27.27 |
| 32 | 275 | Piccand Aline | 1983 | CA Broyard | 1h09:01.97 | 17:35.84 |
| 33 | 180 | Rieder Laure | 1978 | Teysalpi | 1h09:33.99 | 18:07.86 |
| 34 | 196 | Pittet Florianne | 1985 | Baden | 1h09:35.37 | 18:09.24 |
| 35 | 202 | Cuénoud Marilyn | 1976 | Palézieux-Gare | 1h09:52.34 | 18:26.21 |
| 36 | 182 | Gobet Papaux Carole | 1979 | CARC Romont | 1h10:20.41 | 18:54.28 |
| 37 | 316 | Eichenberger Nicole | 1981 | Wohlen | 1h10:44.36 | 19:18.23 |
| 38 | 244 | Roulin Elodie | 1990 | CARC Romont | 1h10:52.11 | 19:25.98 |
| 39 | 294 | Corminboeuf Célia | 1980 | CarC Romont | 1h11:22.15 | 19:56.02 |
| 40 | 216 | Soguel Jannick | 1983 | CS Vallée du Flon | 1h13:47.34 | 22:21.21 |
| 41 | 248 | Meuwly Laure | 1978 | St-Martin | 1h15:13.91 | 23:47.78 |
| 42 | 187 | Baudois Fanny | 1994 | CARC Romont | 1h15:49.07 | 24:22.94 |
| 43 | 234 | Quartenoud Magali | 1990 | Le Mouret | 1h16:27.90 | 25:01.77 |
| 44 | 195 | Guzzinati Laetitia | 1989 | Neyruz | 1h16:47.79 | 25:21.66 |
| 45 | 335 | Valado Vanessa | 1989 | Les fous du Dimanche | 1h20:08.56 | 28:42.43 |
| 46 | 324 | Zurmuchen Laure | 1976 | Les Paccots | 1h20:56.35 | 29:30.22 |
| 47 | 342 | Blanleuil Caroline | 1986 | Ursy | 1h21:56.94 | 30:30.81 |

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|--|------|-------------------------|-------|-----------------------|-------------------|----------|
| F40 Dames II / Damen II 1966 - 1975 12,5 Km | | | | | | |
| 1 | 267 | Rappo Conca Sabine | 1972 | AC Murten | 52:19.19 | |
| 2 | 191 | Monney Stéphanie | 1970 | CAG Farvagny | 57:19.01 | 4:59.82 |
| 3 | 194 | Ulrich Marjorie | 1975 | CS Vallée du Flon | 58:02.90 | 5:43.71 |
| 4 | 203 | Traba Fátima | 1966 | CAP Fribourg | 59:49.25 | 7:30.06 |
| 5 | 236 | Carvalho Conceição | 1973 | CAP Fribourg | 1h00:39.67 | 8:20.48 |
| 6 | 207 | Guillebeau Claudia | 1973 | LAT Sense | 1h01:55.97 | 9:36.78 |
| 7 | 184 | Scheurer Isabelle | 1972 | CARC Romont | 1h02:51.84 | 10:32.65 |
| 8 | 210 | Silva Anabela | 1973 | CAP Fribourg | 1h03:31.45 | 11:12.26 |
| 9 | 190 | Neuhaus Brigitte | 1971 | TSV Rechthalten | 1h03:42.21 | 11:23.02 |
| 10 | 305 | Schornoz Sandrine | 1972 | Avenches | 1h03:43.42 | 11:24.23 |
| 11 | 241 | Fragnière Ursula | 1968 | CS Marsens | 1h03:55.78 | 11:36.59 |
| 12 | 232 | Pillonel Sylvie | 1972 | A Travers Cugy | 1h04:34.01 | 12:14.82 |
| 13 | 192 | Brodard Karine | 1974 | Vuadens | 1h05:30.48 | 13:11.29 |
| 14 | 177 | Gardoni Bénédicte | 1967 | CA Marly | 1h06:11.63 | 13:52.44 |
| 15 | 276 | Gapany Laurette | 1969 | CS Marsens | 1h06:24.04 | 14:04.85 |
| 16 | 225 | Savary Nicole | 1970 | CS Marsens | 1h07:31.17 | 15:11.98 |
| 17 | 219 | Clément Rutscho Natacha | 1975 | CS Marsens | 1h09:53.28 | 17:34.09 |
| 18 | 197 | Porões Adélia | 1969 | CAP Fribourg | 1h09:54.10 | 17:34.91 |
| 19 | 239 | Morisetti Muriel | 1974 | NEW CONCEPT SPORTS | 1h11:04.69 | 18:45.50 |
| 20 | 297 | Monney Myriam | 1970 | Trilogie Running Team | 1h12:26.26 | 20:07.07 |
| 21 | 198 | Bardy Carole | 1974 | Promasens | 1h12:30.43 | 20:11.24 |
| 22 | 325 | Bugnon Marie-Noëlle | 1973 | CARC Romont | 1h15:28.63 | 23:09.44 |
| 23 | 338 | Rodriguez Margarita | 1974 | Les fous du Dimanche | 1h20:09.00 | 27:49.81 |
| 24 | 427 | Kozomara Uschi | 1972 | Trilogie Running Team | 1h21:19.48 | 29:00.29 |
| 25 | 218 | Helfer Nadine | 1970 | CARC Romont | 1h24:11.80 | 31:52.61 |

F50 Dames III / Damen III 1965 et plus âgées 12,5 Km

| | | | | | | |
|----|-----|---------------------------|------|-----------------------|-------------------|----------|
| 1 | 214 | Schaller Anita | 1962 | CA Marly | 59:24.58 | |
| 2 | 301 | Epiney Astrid | 1965 | Fribourg | 1h02:32.94 | 3:08.36 |
| 3 | 205 | Terrapon Georgette | 1961 | CS Vallée du Flon | 1h02:39.81 | 3:15.23 |
| 4 | 185 | Zurkinden Susanne | 1965 | LAT Sense | 1h03:13.37 | 3:48.79 |
| 5 | 226 | Burri Esther | 1964 | TSV Heitenried | 1h04:01.00 | 4:36.42 |
| 6 | 211 | Aebischer Marie-Madeleine | 1965 | TSV Heitenried | 1h04:01.55 | 4:36.97 |
| 7 | 240 | Roussy Danièle | 1964 | Footing club Lausanne | 1h04:03.09 | 4:38.51 |
| 8 | 178 | Bach Francine | 1963 | CARC Romont | 1h04:37.97 | 5:13.39 |
| 9 | 237 | Silva Maria | 1957 | CAP Fribourg | 1h06:41.12 | 7:16.54 |
| 10 | 199 | Lambert Lina | 1961 | CS Broyard | 1h07:28.31 | 8:03.73 |
| 11 | 200 | Ayer Chantal | 1965 | CAG Farvagny | 1h08:43.73 | 9:19.15 |
| 12 | 179 | Gomez Chantal | 1962 | SC Im Fang | 1h09:50.03 | 10:25.45 |
| 13 | 229 | Beaud Françoise | 1958 | CS Neirivue | 1h13:08.45 | 13:43.87 |
| 14 | 212 | Malterre Monique | 1948 | Sporting Club Broyard | 1h19:14.02 | 19:49.44 |
| 15 | 227 | Moret Jocelyne | 1956 | ACPM Matran | 1h24:01.04 | 24:36.46 |
| 16 | 318 | Clavadetscher Carole | 1959 | Caux | 1h32:44.04 | 33:19.46 |
| 17 | 228 | Ludi Alice | 1934 | CS Vallée du Flon | 1h49:00.00 | 49:35.42 |

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|---|------|-------------------------|-------|--------------------------------|-----------------|----------|
| PW Populaires /Walking / Nordic Walking 5,5 Km | | | | | | |
| 1 | 430 | Deillon Bibiane | 1983 | CARC Romont | 29:53.11 | |
| 2 | 414 | Vial Rémy | 2005 | ski-club Grattavache - Le Crêt | 33:50.96 | 3:57.85 |
| 3 | 416 | Russier Samuel | 1978 | Villars-sur-Glâne | 33:53.55 | 4:00.44 |
| 4 | 378 | Hofer Mylène | 1990 | CS Marsens | 34:21.07 | 4:27.96 |
| 5 | 428 | Moennat Corinne | 1990 | Grattavache | 34:41.56 | 4:48.45 |
| 6 | 373 | Hofer Jeanne | 1993 | CS Marsens | 35:12.21 | 5:19.10 |
| 7 | 436 | Livio Françoise | 1963 | Mont | 35:37.53 | 5:44.42 |
| 8 | 413 | Vial Sandra | 1973 | Ski-club Grattavache - Le Crêt | 39:29.23 | 9:36.12 |
| 9 | 381 | Bischof Simon | 1992 | Grand Conseil Fribourg | 40:45.53 | 10:52.42 |
| 10 | 389 | Genet Céline | 1991 | Prangins | 41:55.41 | 12:02.30 |
| 11 | 383 | Brandenberger Gwenaëlle | 1972 | CS Hauteville | 43:39.94 | 13:46.83 |
| 12 | 425 | Magne Isabelle | 1983 | CarC Romont | 44:11.36 | 14:18.25 |
| 13 | 371 | Berchier Béatrice | 1972 | CS Hauteville | 44:20.37 | 14:27.26 |
| 14 | 434 | Barraud Vincent | 1961 | CS Marsens | 44:21.80 | 14:28.69 |
| 15 | 417 | Reymond Caillet Magali | 1978 | Châtillens | 48:15.53 | 18:22.42 |
| 16 | 409 | Andrey Marthe | 1963 | CS Hauteville | 48:32.67 | 18:39.56 |
| 17 | 398 | Germann Rosmarie | 1951 | Vauderens | 48:36.41 | 18:43.30 |
| 18 | 426 | Brauner Benoit | 1964 | Trottens Fully | 49:28.15 | 19:35.04 |
| 19 | 364 | Hauser Carole | 1970 | St-Martin | 49:36.94 | 19:43.83 |
| 20 | 388 | Hauser Gilles | 1970 | St-Martin | 49:38.59 | 19:45.48 |
| 21 | 421 | Borcard Madeleine | 1976 | Villaraboud | 50:22.59 | 20:29.48 |
| 22 | 433 | Galley Emilie | 1980 | Team Seychelles | 50:24.57 | 20:31.46 |
| 23 | 424 | Bersier Carine | 1974 | Team Seychelles | 50:26.00 | 20:32.89 |
| 24 | 435 | Dénervaud Olivia | 1974 | Bouloz | 51:57.84 | 22:04.73 |
| 25 | 369 | Pinho Christine | 1970 | CAP Fribourg | 52:21.46 | 22:28.35 |
| 26 | 376 | Bruegger Joseline | 1956 | CS Hauteville | 52:23.71 | 22:30.60 |
| 27 | 411 | Gay Dominique | 1965 | Ski-club Grattavache - Le Crêt | 55:53.28 | 26:00.17 |
| 28 | 432 | Volet Françoise | 1956 | Jongny | 55:58.33 | 26:05.22 |
| 29 | 387 | Seydoux Carole | 1972 | Porsel | 56:36.56 | 26:43.45 |
| 30 | 372 | Quarroz Patricia | 1972 | Porsel | 56:38.76 | 26:45.65 |

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|-------------------------------|------|-----------------------|-------|-----------------------|---------------|-----|----------|
| Scratch mixte 1 2,5 Km | | | | | | | |
| 1 | 277 | Costa César | 1976 | Asics Mont | 42:40.93 (1) | M20 | |
| 2 | 137 | Morgado Mário | 1975 | CAP Fribourg | 44:26.18 (1) | M40 | 1:45.25 |
| 3 | 261 | Theytaz Jean-Pierre | 1983 | CA Sierre | 44:39.91 (2) | M20 | 1:58.98 |
| 4 | 120 | Bailly Gilles | 1977 | FSG La Neuveville | 44:50.95 (3) | M20 | 2:10.02 |
| 5 | 139 | Cardinaux Pierre-Yves | 1986 | CS Vallée du Flon | 45:44.51 (4) | M20 | 3:03.58 |
| 6 | 78 | Brügger Werner | 1975 | TSV Rechthalten | 46:23.12 (2) | M40 | 3:42.19 |
| 7 | 68 | Girard Damien | 1992 | CARC Romont | 46:29.99 (5) | M20 | 3:49.06 |
| 8 | 292 | Grünig Kaspar | 1973 | TSV Düringen | 46:51.09 (3) | M40 | 4:10.16 |
| 9 | 132 | Baghin Fabio | 1984 | Trilogie Running Team | 47:03.44 (6) | M20 | 4:22.51 |
| 10 | 106 | Conus Thierry | 1976 | CS Vallée du Flon | 47:10.26 (7) | M20 | 4:29.33 |
| 11 | 302 | Débaz Philippe | 1978 | Rossenges | 48:04.31 (8) | M20 | 5:23.38 |
| 12 | 66 | Etter Robert | 1970 | Gerbersport | 48:39.68 (4) | M40 | 5:58.75 |
| 13 | 174 | Chaudoye Fabien | 1983 | B3 Bulle Triathlon | 48:42.43 (9) | M20 | 6:01.50 |
| 14 | 52 | Gianella Fabio | 1965 | Lugnorre | 48:55.29 (1) | M50 | 6:14.36 |
| 15 | 26 | Balmer Jonathan | 1993 | CS Hauteville | 49:03.47 (10) | M20 | 6:22.54 |
| 16 | 33 | Demierre Stéphane | 1990 | deex app | 49:06.38 (11) | M20 | 6:25.45 |
| 17 | 310 | Simonet David | 1994 | CA Belfaux | 49:12.53 (12) | M20 | 6:31.60 |
| 18 | 175 | Vonlanthen Yvan | 1985 | TSV Rechthalten | 49:16.60 (13) | M20 | 6:35.67 |
| 19 | 340 | Savary Ivar | 1992 | Cycles Pache | 49:19.07 (14) | M20 | 6:38.14 |
| 20 | 100 | Fleury Lucien | 1993 | CARC Romont | 49:41.21 (15) | M20 | 7:00.28 |
| 21 | 1 | Pache Jean-Claude | 1965 | Team Castella Sport | 49:55.33 (2) | M50 | 7:14.40 |
| 22 | 131 | Clément Mathieu | 1995 | CS Hauteville | 50:00.93 (16) | M20 | 7:20.00 |
| 23 | 135 | Romanens Pierre | 1973 | CAG Farvagny | 50:04.77 (5) | M40 | 7:23.84 |
| 24 | 339 | Deillon Bertrand | 1985 | La Joux | 50:24.16 (17) | M20 | 7:43.23 |
| 25 | 148 | Pittet André | 1961 | CS Vallée du Flon | 50:27.68 (3) | M50 | 7:46.75 |
| 26 | 89 | Lüthi Oliver | 1973 | LAT Sense | 50:50.92 (6) | M40 | 8:09.99 |
| 27 | 45 | Piccand Cédric | 1975 | CAG Farvagny | 50:54.43 (7) | M40 | 8:13.50 |
| 28 | 101 | Vauthier Vladimir | 1986 | Les Vieux-Prés | 51:04.05 (18) | M20 | 8:23.12 |
| 29 | 286 | Rauber Sebastien | 1990 | SC Im Fang | 51:06.79 (19) | M20 | 8:25.86 |
| 30 | 103 | Mesot Jean-Pierre | 1969 | CS Vallée du Flon | 51:19.98 (8) | M40 | 8:39.05 |
| 31 | 220 | Jenny Inge | 1978 | TSV Düringen/MAHU | 51:26.13 (1) | F20 | 8:45.20 |
| 32 | 126 | Almeida Nuno | 1980 | Trilogie Running Team | 51:27.83 (20) | M20 | 8:46.90 |
| 33 | 31 | Barras Gilles | 1961 | CAG Farvagny | 51:28.76 (4) | M50 | 8:47.83 |
| 34 | 217 | Bürgisser Nicole | 1983 | LAT Sense | 51:30.85 (2) | F20 | 8:49.92 |
| 35 | 67 | Glannaz Olivier | 1977 | CAG Farvagny | 51:34.70 (21) | M20 | 8:53.77 |
| 36 | 164 | Kolly Kévin | 1995 | Cs Hauteville | 51:43.05 (22) | M20 | 9:02.12 |
| 37 | 117 | Favre Sébastien | 1970 | La Tour-de-Trême | 51:47.66 (9) | M40 | 9:06.73 |
| 38 | 43 | Moulin Norbert | 1956 | Volleges | 51:59.31 (5) | M50 | 9:18.38 |
| 39 | 128 | Pasquier Christophe | 1980 | CS Marsens | 52:07.00 (23) | M20 | 9:26.07 |
| 40 | 267 | Rappo Conca Sabine | 1972 | AC Murten | 52:19.19 (1) | F40 | 9:38.26 |
| 41 | 160 | Terreaux Bernard | 1952 | CAG Farvagny | 52:19.69 (1) | M60 | 9:38.76 |
| 42 | 256 | Gay Julien | 1989 | NEW CONCEPT SPORTS | 52:31.00 (24) | M20 | 9:50.07 |
| 43 | 274 | Costa Albino | 1968 | CA Fribourg | 52:46.16 (10) | M40 | 10:05.23 |
| 44 | 293 | Barras Cédric | 1971 | Montet | 52:52.92 (11) | M40 | 10:11.99 |
| 45 | 319 | Maillard Jérôme | 1979 | Evasion | 52:57.31 (25) | M20 | 10:16.38 |
| 46 | 34 | Bregnard Stephane | 1964 | CAP Fribourg | 52:57.70 (6) | M50 | 10:16.77 |
| 47 | 36 | Vogt Philippe | 1980 | LAT Sense | 53:02.59 (26) | M20 | 10:21.66 |

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|------|------|-------------------------|-------|-----------------------|---------------|-----|----------|
| 48 | 32 | Balmer Eric | 1965 | SC Im Fang | 53:05.77 (7) | M50 | 10:24.84 |
| 49 | 119 | Roze Fabrice | 1971 | CAP Fribourg | 53:13.19 (12) | M40 | 10:32.26 |
| 50 | 69 | Rime Olivier | 1976 | CAG Farvagny | 53:16.21 (27) | M20 | 10:35.28 |
| 51 | 104 | Bielmann Francis | 1964 | La Roche | 53:28.63 (8) | M50 | 10:47.70 |
| 52 | 176 | Schumacher Virginie | 1978 | Trilogie Running Team | 53:31.59 (3) | F20 | 10:50.66 |
| 53 | 81 | Hayoz Erwin | 1963 | CAP Fribourg | 53:34.78 (9) | M50 | 10:53.85 |
| 54 | 77 | Moreira Sergio | 1965 | CAP Fribourg | 53:43.35 (10) | M50 | 11:02.42 |
| 55 | 17 | Monteiro Filipe | 1974 | LAT Sense | 53:47.03 (13) | M40 | 11:06.10 |
| 56 | 258 | Mauron Vincent | 1984 | CARC Romont | 53:58.78 (28) | M20 | 11:17.85 |
| 57 | 48 | Dubey Nicolas | 1968 | CAG Farvagny | 54:00.16 (14) | M40 | 11:19.23 |
| 58 | 91 | Krummen Thomas | 1987 | TV Bösinggen | 54:02.96 (29) | M20 | 11:22.03 |
| 59 | 269 | Conca Daniel | 1964 | AC Murten | 54:06.91 (11) | M50 | 11:25.98 |
| 60 | 99 | Mota Luis | 1967 | m.t.s | 54:08.89 (15) | M40 | 11:27.96 |
| 61 | 12 | Schaller Damien | 1992 | CA Marly | 54:15.65 (30) | M20 | 11:34.72 |
| 62 | 283 | Legrux Samuel | 1974 | CAG Farvagny | 54:33.66 (16) | M40 | 11:52.73 |
| 63 | 186 | Romanens Christelle | 1978 | CAG Farvagny | 54:34.05 (4) | F20 | 11:53.12 |
| 64 | 22 | Sonney Jean-Pierre | 1969 | CS Vallée du Flon | 54:34.60 (17) | M40 | 11:53.67 |
| 65 | 169 | Porões Benjamim | 1966 | CAP Fribourg | 54:38.88 (18) | M40 | 11:57.95 |
| 66 | 343 | Bifrare Jean-Pierre | 1958 | CS Marsens | 54:41.41 (12) | M50 | 12:00.48 |
| 67 | 147 | Mory Etienne | 1990 | Villariaz | 54:59.04 (31) | M20 | 12:18.11 |
| 68 | 154 | Grivel Jean-Louis | 1964 | CS Marsens | 55:01.51 (13) | M50 | 12:20.58 |
| 69 | 16 | Guillet Laurent | 1967 | CA Marly | 55:23.54 (19) | M40 | 12:42.61 |
| 70 | 272 | Grognoz Vincent | 1994 | CS Vallée du Flon | 55:24.04 (32) | M20 | 12:43.11 |
| 71 | 327 | Charrière Johann | 1986 | Grattavache | 55:26.01 (33) | M20 | 12:45.08 |
| 72 | 79 | Gonzalez Amat Jose Luis | 1979 | Les fous du Dimanche | 55:30.63 (34) | M20 | 12:49.70 |
| 73 | 28 | Pochon Frédéric | 1973 | CS Hauteville | 55:41.61 (20) | M40 | 13:00.68 |
| 74 | 138 | Chappuis Michel | 1954 | CAG Farvagny | 55:46.72 (2) | M60 | 13:05.79 |
| 75 | 257 | Rech Patrick | 1968 | TSV Rechthalten | 55:50.90 (21) | M40 | 13:09.97 |
| 76 | 152 | Pittet Christophe | 1977 | Trilogie Running Team | 55:51.34 (35) | M20 | 13:10.41 |
| 77 | 122 | Aeby Patrik | 1972 | CA Marly | 56:12.05 (22) | M40 | 13:31.12 |
| 78 | 72 | Perisset Laurent | 1982 | Footing club Lausanne | 56:24.90 (36) | M20 | 13:43.97 |
| 79 | 296 | Robadey Jacques | 1967 | FSG Bulle | 56:29.13 (23) | M40 | 13:48.20 |
| 80 | 35 | Seydoux Laurent | 1985 | FSG Sâles | 56:33.20 (37) | M20 | 13:52.27 |
| 81 | 285 | Marmy Philippe | 1975 | Bussy | 56:36.71 (24) | M40 | 13:55.78 |
| 82 | 422 | Mooser Natacha | 1976 | SC Im Fang | 56:37.92 (5) | F20 | 13:56.99 |
| 83 | 271 | Jenny Peter | 1951 | St.Antoni | 56:42.20 (3) | M60 | 14:01.27 |
| 84 | 322 | Piccand Sébastien | 1982 | CAG Farvagny | 56:44.29 (38) | M20 | 14:03.36 |
| 85 | 181 | Buchs Rachel | 1989 | TSV Rechthalten | 56:45.50 (6) | F20 | 14:04.57 |
| 86 | 64 | Buchs Willy | 1964 | TSV Rechthalten | 56:45.88 (14) | M50 | 14:04.95 |
| 87 | 281 | Charrière Gaël | 1982 | Lausanne | 56:51.16 (39) | M20 | 14:10.23 |
| 88 | 70 | Baechler Gilbert | 1970 | TSV Rechthalten | 56:54.07 (25) | M40 | 14:13.14 |
| 89 | 329 | Dousse Georges | 1968 | CA Marly | 56:59.40 (26) | M40 | 14:18.47 |
| 90 | 262 | Varenne Frédéric | 1970 | Riaz | 57:13.02 (27) | M40 | 14:32.09 |
| 91 | 113 | Mezger Stefan | 1963 | Trilogie Running Team | 57:13.85 (15) | M50 | 14:32.92 |
| 92 | 44 | Gachoud Frédéric | 1966 | CS Vallée du Flon | 57:17.36 (28) | M40 | 14:36.43 |
| 93 | 191 | Monney Stéphanie | 1970 | CAG Farvagny | 57:19.01 (2) | F40 | 14:38.08 |
| 94 | 90 | Ferreira Filipe | 1990 | CAP Fribourg | 57:20.38 (40) | M20 | 14:39.45 |
| 95 | 63 | Barbey Rene | 1967 | Velo Club Lausanne | 57:20.93 (29) | M40 | 14:40.00 |
| 96 | 295 | Genoud Patrick | 1969 | CS Marsens | 57:21.97 (30) | M40 | 14:41.04 |
| 97 | 268 | Droux Daniel | 1979 | CARC Romont | 57:24.83 (41) | M20 | 14:43.90 |
| 98 | 243 | Marmy Delphine | 1993 | CAG Farvagny | 57:28.62 (7) | F20 | 14:47.69 |

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| Cl | Dos. | Nom et prénom | Année | Club / domicile | Temps (Cl) | CAT | Ecart |
|-----|------|---------------------|-------|--------------------------------|-----------------|-----|----------|
| 99 | 29 | Samuel Gilles | 1978 | SwissPertrail | 57:39.77 (42) | M20 | 14:58.84 |
| 100 | 231 | Kaymaz Zibung Irene | 1983 | LAT Sense | 57:40.27 (8) | F20 | 14:59.34 |
| 101 | 107 | Udry Matthias | 1988 | LAT Sense | 57:40.71 (43) | M20 | 14:59.78 |
| 102 | 145 | Jordan Michel | 1964 | Individuel | 57:43.12 (16) | M50 | 15:02.19 |
| 103 | 58 | Rolao Joao | 1962 | CAP Fribourg | 57:45.10 (17) | M50 | 15:04.17 |
| 104 | 3 | Ody Damien | 1971 | CS Marsens | 57:48.29 (31) | M40 | 15:07.36 |
| 105 | 215 | Colliard Laura | 1988 | La Tour-de-Trême | 57:50.65 (9) | F20 | 15:09.72 |
| 106 | 321 | Favre Rodolphe | 1976 | ES Ayent | 58:01.69 (44) | M20 | 15:20.76 |
| 107 | 194 | Ulrich Marjorie | 1975 | CS Vallée du Flon | 58:02.90 (3) | F40 | 15:21.97 |
| 108 | 30 | Piccand Gabriel | 1954 | CAG Farvagny | 58:03.34 (4) | M60 | 15:22.41 |
| 109 | 204 | Morgado Madalena | 1978 | CAP Fribourg | 58:07.51 (10) | F20 | 15:26.58 |
| 110 | 83 | Wyssen Alwin | 1962 | TSV Rechthalten | 58:22.45 (18) | M50 | 15:41.52 |
| 111 | 250 | Panchaud Norbert | 1975 | CS Hauteville | 58:26.96 (32) | M40 | 15:46.03 |
| 112 | 249 | Gachet Yvan | 1976 | Vauderens | 58:31.19 (11) | F20 | 15:50.26 |
| 113 | 273 | Colonna Elena | 1982 | Visp | 58:41.52 (12) | F20 | 16:00.59 |
| 114 | 173 | Mesot Vincent | 1984 | La Joux | 58:42.18 (45) | M20 | 16:01.25 |
| 115 | 309 | Caldas Miguel | 1985 | Ponterrolense | 58:42.72 (46) | M20 | 16:01.79 |
| 116 | 245 | Vial Bertrand | 1978 | Ski-club Grattavache - Le Crêt | 58:46.51 (47) | M20 | 16:05.58 |
| 117 | 27 | Barras Pascal | 1969 | CA Belfaux | 58:47.17 (33) | M40 | 16:06.24 |
| 118 | 21 | Santos Amadeu | 1964 | CAP Fribourg | 58:50.25 (19) | M50 | 16:09.32 |
| 119 | 265 | Chassot Frédéric | 1989 | Tatroz | 59:01.29 (48) | M20 | 16:20.36 |
| 120 | 255 | Uldry Marc | 1975 | Triviera | 59:05.63 (34) | M40 | 16:24.70 |
| 121 | 254 | Vetter Rolf | 1965 | Moléson | 59:08.38 (20) | M50 | 16:27.45 |
| 122 | 336 | Sampaio Stéphanie | 1984 | Les fous du Dimanche | 59:11.07 (13) | F20 | 16:30.14 |
| 123 | 127 | Butty Roger | 1963 | Aucun | 59:11.73 (21) | M50 | 16:30.80 |
| 124 | 270 | Zosso François | 1968 | Domdidier | 59:13.87 (35) | M40 | 16:32.94 |
| 125 | 162 | Buclin Hyun | 1971 | CS Marsens | 59:14.58 (36) | M40 | 16:33.65 |
| 126 | 42 | Gavillet Philippe | 1966 | CAG Farvagny | 59:18.38 (37) | M40 | 16:37.45 |
| 127 | 123 | Cardinaux Bertrand | 1960 | CS Vallée du Flon | 59:19.97 (22) | M50 | 16:39.04 |
| 128 | 313 | Mauron Gérald | 1956 | CARC Romont | 59:23.26 (23) | M50 | 16:42.33 |
| 129 | 214 | Schaller Anita | 1962 | CA Marly | 59:24.58 (1) | F50 | 16:43.65 |
| 130 | 62 | Käser Michael | 1981 | TV Bösinggen | 59:30.57 (49) | M20 | 16:49.64 |
| 131 | 213 | Repond France | 1990 | SA Bulle | 59:34.47 (14) | F20 | 16:53.54 |
| 132 | 76 | Clément Georges | 1971 | CS Hauteville | 59:38.21 (38) | M40 | 16:57.28 |
| 133 | 57 | Margot Vincent | 1968 | CS Vallée du Flon | 59:41.94 (39) | M40 | 17:01.01 |
| 134 | 87 | Francey Jérôme | 1988 | CA Marly | 59:47.54 (50) | M20 | 17:06.61 |
| 135 | 251 | Oumaziz Hamid | 1968 | Châtel-St-Denis | 59:48.09 (40) | M40 | 17:07.16 |
| 136 | 146 | Jaton Norbert | 1978 | Footing club Lausanne | 59:48.92 (51) | M20 | 17:07.99 |
| 137 | 203 | Traba Fátima | 1966 | CAP Fribourg | 59:49.25 (4) | F40 | 17:08.32 |
| 138 | 73 | Hirschi Hans-Peter | 1957 | CA Belfaux | 59:51.83 (24) | M50 | 17:10.90 |
| 139 | 188 | Almeida Laetitia | 1985 | Trilogie Running Team/Brooks | 59:52.32 (15) | F20 | 17:11.39 |
| 140 | 172 | Ayer Serge | 1965 | CAG Farvagny | 1h00:05.23 (25) | M50 | 17:24.30 |
| 141 | 331 | Dubey Eric | 1969 | Sévaz | 1h00:06.06 (41) | M40 | 17:25.13 |
| 142 | 24 | Pittet Patrice | 1975 | CAG Farvagny | 1h00:07.32 (42) | M40 | 17:26.39 |
| 143 | 92 | Greca Josef | 1957 | CAG Farvagny | 1h00:09.19 (26) | M50 | 17:28.26 |
| 144 | 189 | Favre Anne | 1980 | Team Lys'alp | 1h00:13.31 (16) | F20 | 17:32.38 |
| 145 | 344 | Repond Edouard | 1988 | Broc | 1h00:15.67 (52) | M20 | 17:34.74 |
| 146 | 124 | Santos Daniel | 1987 | Clarens | 1h00:16.22 (53) | M20 | 17:35.29 |
| 147 | 165 | Perritaz Joël | 1968 | CARC Romont | 1h00:21.00 (43) | M40 | 17:40.07 |
| 148 | 288 | Yerly Simon | 1988 | Jeunesse La Joux | 1h00:27.37 (54) | M20 | 17:46.44 |
| 149 | 168 | Bossel Jean Noël | 1959 | CAP Fribourg | 1h00:27.81 (27) | M50 | 17:46.88 |

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| Clit | Dos. | Nom et prénom | Année | Club / domicile | Temps (Clit) | CAT | Ecart |
|------|------|---------------------------|-------|-------------------------|-----------------|-----|----------|
| 150 | 41 | Rutscho Jean-Daniel | 1967 | CS Marsens | 1h00:34.13 (44) | M40 | 17:53.20 |
| 151 | 236 | Carvalho Conceição | 1973 | CAP Fribourg | 1h00:39.67 (5) | F40 | 17:58.74 |
| 152 | 314 | Pittet Rodolphe | 1990 | La Joux | 1h00:59.67 (55) | M20 | 18:18.74 |
| 153 | 19 | Sigrist Vladimir | 1974 | CS Neirivue | 1h01:21.15 (45) | M40 | 18:40.22 |
| 154 | 150 | Germann Pascal | 1980 | Morges | 1h01:28.62 (56) | M20 | 18:47.69 |
| 155 | 235 | Traglia Lora | 1988 | CAP Fribourg | 1h01:29.72 (17) | F20 | 18:48.79 |
| 156 | 110 | Grandjean Denis | 1960 | CS Vallée du Flon | 1h01:36.64 (28) | M50 | 18:55.71 |
| 157 | 303 | Millasson Steve | 1980 | Les Millass | 1h01:53.94 (57) | M20 | 19:13.01 |
| 158 | 207 | Guillebeau Claudia | 1973 | LAT Sense | 1h01:55.97 (6) | F40 | 19:15.04 |
| 159 | 2 | Neves Geraldo | 1975 | CAP Fribourg | 1h02:15.09 (46) | M40 | 19:34.16 |
| 160 | 38 | Santos Celestino | 1955 | CAP Fribourg | 1h02:22.56 (5) | M60 | 19:41.63 |
| 161 | 208 | Moulin Marina | 1983 | Vollèges | 1h02:24.10 (18) | F20 | 19:43.17 |
| 162 | 55 | Papaux Baptiste | 1985 | VBC Smile | 1h02:26.19 (58) | M20 | 19:45.26 |
| 163 | 86 | Angéloz Henri | 1964 | CAP Fribourg | 1h02:26.63 (29) | M50 | 19:45.70 |
| 164 | 287 | Francey Eric | 1965 | | 1h02:27.61 (30) | M50 | 19:46.68 |
| 165 | 311 | Richoz Pascal | 1971 | CARC Romont | 1h02:28.16 (47) | M40 | 19:47.23 |
| 166 | 163 | Curat François | 1970 | CS Vallée du Flon | 1h02:30.36 (48) | M40 | 19:49.43 |
| 167 | 301 | Epiney Astrid | 1965 | Fribourg | 1h02:32.94 (2) | F50 | 19:52.01 |
| 168 | 183 | Conus Kathleen | 1988 | CS Vallée du Flon | 1h02:33.49 (19) | F20 | 19:52.56 |
| 169 | 205 | Terrapon Georgette | 1961 | CS Vallée du Flon | 1h02:39.81 (3) | F50 | 19:58.88 |
| 170 | 61 | Germann Christian | 1952 | Vauderens | 1h02:49.70 (6) | M60 | 20:08.77 |
| 171 | 184 | Scheurer Isabelle | 1972 | CARC Romont | 1h02:51.84 (7) | F40 | 20:10.91 |
| 172 | 166 | Braillard Gabriel | 1948 | CS Vallée du Flon | 1h02:54.31 (7) | M60 | 20:13.38 |
| 173 | 221 | Seydoux Josepha | 1989 | CS Vallée du Flon | 1h02:58.87 (20) | F20 | 20:17.94 |
| 174 | 317 | Aeby Thomas | 1987 | Dompierre | 1h03:04.75 (59) | M20 | 20:23.82 |
| 175 | 290 | Brodard Guillet Nathalie | 1978 | Les Sansoucis Echarlens | 1h03:08.76 (21) | F20 | 20:27.83 |
| 176 | 153 | Zurkinden Andreas | 1965 | LAT Sense | 1h03:12.82 (31) | M50 | 20:31.89 |
| 177 | 185 | Zurkinden Susanne | 1965 | LAT Sense | 1h03:13.37 (4) | F50 | 20:32.44 |
| 178 | 71 | Jolliet Julien | 1986 | Bulle | 1h03:18.43 (60) | M20 | 20:37.50 |
| 179 | 56 | Rast Jacques | 1948 | CAP Fribourg | 1h03:20.95 (8) | M60 | 20:40.02 |
| 180 | 93 | Girard Alain | 1957 | tpf | 1h03:21.72 (32) | M50 | 20:40.79 |
| 181 | 280 | Gremaud Olivier | 1988 | LHC Treyvaux | 1h03:22.44 (61) | M20 | 20:41.51 |
| 182 | 115 | Sciboz Hubert | 1968 | VBC Smile | 1h03:22.93 (49) | M40 | 20:42.00 |
| 183 | 326 | Mauroux Patrice | 1961 | ACPM Matran | 1h03:27.38 (33) | M50 | 20:46.45 |
| 184 | 246 | Schambach Franz | 1960 | Servion | 1h03:28.42 (34) | M50 | 20:47.49 |
| 185 | 210 | Silva Anabela | 1973 | CAP Fribourg | 1h03:31.45 (8) | F40 | 20:50.52 |
| 186 | 345 | Correia Daniel | 1989 | Porsel | 1h03:33.75 (62) | M20 | 20:52.82 |
| 187 | 167 | Barras Michel | 1955 | CS Hauteville | 1h03:37.38 (9) | M60 | 20:56.45 |
| 188 | 190 | Neuhaus Brigitte | 1971 | TSV Rechthalten | 1h03:42.21 (9) | F40 | 21:01.28 |
| 189 | 305 | Schornoz Sandrine | 1972 | Avenches | 1h03:43.42 (10) | F40 | 21:02.49 |
| 190 | 9 | Mercier Thierry | 1973 | Froideville | 1h03:44.02 (50) | M40 | 21:03.09 |
| 191 | 125 | Fleury Jacques André | 1963 | CARC Romont | 1h03:48.47 (35) | M50 | 21:07.54 |
| 192 | 252 | Burnet Eric | 1960 | La Corbaz | 1h03:52.32 (36) | M50 | 21:11.39 |
| 193 | 241 | Fragnière Ursula | 1968 | CS Marsens | 1h03:55.78 (11) | F40 | 21:14.85 |
| 194 | 108 | Stritt Karl | 1950 | LAT Sense | 1h03:57.26 (10) | M60 | 21:16.33 |
| 195 | 315 | Pereira Marco | 1981 | CAP Fribourg | 1h04:00.39 (63) | M20 | 21:19.46 |
| 196 | 226 | Burri Esther | 1964 | TSV Heitenried | 1h04:01.00 (5) | F50 | 21:20.07 |
| 197 | 211 | Aebischer Marie-Madeleine | 1965 | TSV Heitenried | 1h04:01.55 (6) | F50 | 21:20.62 |
| 198 | 260 | Chapatte Jean-Luc | 1977 | ACPM Matran | 1h04:02.43 (64) | M20 | 21:21.50 |
| 199 | 240 | Roussy Danièle | 1964 | Footing club Lausanne | 1h04:03.09 (7) | F50 | 21:22.16 |
| 200 | 300 | Schuler Jean-Roland | 1961 | Team Lys'alp | 1h04:13.36 (37) | M50 | 21:32.43 |

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|-----|------|----------------------|-------|------------------------|-----------------|-----|----------|
| 201 | 242 | Fragnière Emilie | 1993 | Bulle | 1h04:15.94 (22) | F20 | 21:35.01 |
| 202 | 223 | Uldry Aline | 1988 | FC la Sionge | 1h04:19.95 (23) | F20 | 21:39.02 |
| 203 | 114 | Soares Augusto | 1966 | CAP Fribourg | 1h04:25.11 (51) | M40 | 21:44.18 |
| 204 | 8 | Pauchard Bruno | 1949 | TV Bösinggen | 1h04:31.71 (11) | M60 | 21:50.78 |
| 205 | 232 | Pillonel Sylvie | 1972 | A Travers Cugy | 1h04:34.01 (12) | F40 | 21:53.08 |
| 206 | 178 | Bach Francine | 1963 | CARC Romont | 1h04:37.97 (8) | F50 | 21:57.04 |
| 207 | 75 | Savary Laurent | 1971 | CS Marsens | 1h04:41.70 (52) | M40 | 22:00.77 |
| 208 | 97 | Richoz Olivier | 1969 | CS Vallée du Flon | 1h04:44.72 (53) | M40 | 22:03.79 |
| 209 | 88 | Sudan Dominique | 1954 | FSG Bulle | 1h04:48.79 (12) | M60 | 22:07.86 |
| 210 | 37 | Lirgg Uli | 1956 | Cloros Team | 1h04:57.96 (38) | M50 | 22:17.03 |
| 211 | 13 | Genoud Patrick | 1969 | Châtel-St-Denis | 1h05:17.19 (54) | M40 | 22:36.26 |
| 212 | 80 | Bourquenoud Jacques | 1958 | Gym Ursy | 1h05:25.76 (39) | M50 | 22:44.83 |
| 213 | 112 | Denervaud Claude | 1979 | Bouloz | 1h05:28.12 (65) | M20 | 22:47.19 |
| 214 | 192 | Brodard Karine | 1974 | Vuadens | 1h05:30.48 (13) | F40 | 22:49.55 |
| 215 | 6 | Michel Rémy | 1957 | CAP Fribourg | 1h05:35.43 (40) | M50 | 22:54.50 |
| 216 | 54 | Fernandes Nuno | 1983 | CAP Fribourg | 1h05:47.46 (66) | M20 | 23:06.53 |
| 217 | 94 | Baptista António | 1958 | CAP Fribourg | 1h05:59.38 (41) | M50 | 23:18.45 |
| 218 | 312 | Minning Maëlle | 1995 | CS Hauteville | 1h06:01.85 (24) | F20 | 23:20.92 |
| 219 | 323 | Schouwey Karine | 1980 | CAG Farvagny | 1h06:02.73 (25) | F20 | 23:21.80 |
| 220 | 177 | Gardoni Bénédicte | 1967 | CA Marly | 1h06:11.63 (14) | F40 | 23:30.70 |
| 221 | 47 | Berset Frédéric | 1981 | CAG Farvagny | 1h06:14.04 (67) | M20 | 23:33.11 |
| 222 | 266 | Rossel Jean-Luc | 1953 | Riaz | 1h06:20.63 (13) | M60 | 23:39.70 |
| 223 | 142 | Chavaillaz Bernardin | 1943 | CAG Farvagny | 1h06:22.89 (14) | M60 | 23:41.96 |
| 224 | 276 | Gapany Laurette | 1969 | CS Marsens | 1h06:24.04 (15) | F40 | 23:43.11 |
| 225 | 328 | Prélaz Jean-Michel | 1964 | Rue | 1h06:27.72 (42) | M50 | 23:46.79 |
| 226 | 238 | Baghin Zuzana | 1984 | Trilogie Running Team | 1h06:35.03 (26) | F20 | 23:54.10 |
| 227 | 332 | Cuennet Yvan | 1971 | Semi Marathon Fribourg | 1h06:35.36 (55) | M40 | 23:54.43 |
| 228 | 264 | Rüfenacht Andreas | 1965 | Fiaugères | 1h06:36.13 (43) | M50 | 23:55.20 |
| 229 | 105 | Fernandes Jose | 1952 | CAP Fribourg | 1h06:37.00 (15) | M60 | 23:56.07 |
| 230 | 118 | Garin Joël | 1987 | UHT Semsales | 1h06:38.32 (68) | M20 | 23:57.39 |
| 231 | 237 | Silva Maria | 1957 | CAP Fribourg | 1h06:41.12 (9) | F50 | 24:00.19 |
| 232 | 341 | Guisolan François | 1970 | ACPM Matran | 1h06:42.39 (56) | M40 | 24:01.46 |
| 233 | 230 | Fleury Justine | 1995 | CARC Romont | 1h06:53.81 (27) | F20 | 24:12.88 |
| 234 | 96 | Hassler Nicolas | 1971 | FSG Sâles | 1h07:00.90 (57) | M40 | 24:19.97 |
| 235 | 74 | Andrey Jean-Pierre | 1959 | ACPM Matran | 1h07:10.95 (44) | M50 | 24:30.02 |
| 236 | 320 | Aebischer Christian | 1962 | CS Vallée du Flon | 1h07:17.65 (45) | M50 | 24:36.72 |
| 237 | 199 | Lambert Lina | 1961 | CS Broyard | 1h07:28.31 (10) | F50 | 24:47.38 |
| 238 | 225 | Savary Nicole | 1970 | CS Marsens | 1h07:31.17 (16) | F40 | 24:50.24 |
| 239 | 333 | Pasquier Henri | 1950 | CS Hauteville | 1h07:36.06 (16) | M60 | 24:55.13 |
| 240 | 284 | Dougoud Alexandre | 1975 | Trilogie Running Team | 1h07:39.30 (58) | M40 | 24:58.37 |
| 241 | 14 | Bubendorf Thomas | 1965 | Blonay | 1h07:40.56 (46) | M50 | 24:59.63 |
| 242 | 136 | Decorvet Herbert | 1966 | TV Bösinggen | 1h07:45.01 (59) | M40 | 25:04.08 |
| 243 | 25 | Wüst Hugo | 1943 | TV Bösinggen | 1h07:48.36 (17) | M60 | 25:07.43 |
| 244 | 289 | Diserens Céline | 1984 | UHT Semsales | 1h07:52.32 (28) | F20 | 25:11.39 |
| 245 | 209 | Dubois Florence | 1976 | vuistemens en ogoz | 1h07:58.41 (29) | F20 | 25:17.48 |
| 246 | 65 | Sousa António | 1958 | CAP Fribourg | 1h08:07.53 (47) | M50 | 25:26.60 |
| 247 | 330 | Marmy Christophe | 1968 | Bussy | 1h08:08.52 (60) | M40 | 25:27.59 |
| 248 | 46 | Bifrare Frédéric | 1967 | CARC Romont | 1h08:10.33 (61) | M40 | 25:29.40 |
| 249 | 253 | Tercier Michel | 1949 | Charmey | 1h08:31.15 (18) | M60 | 25:50.22 |
| 250 | 98 | Kolly Christian | 1967 | CAG Farvagny | 1h08:34.89 (62) | M40 | 25:53.96 |
| 251 | 259 | Chapatte Doris | 1980 | ACPM Matran | 1h08:41.31 (30) | F20 | 26:00.38 |

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|------|------|----------------------------|-------|-----------------------|-----------------|-----|----------|
| 252 | 200 | Ayer Chantal | 1965 | CAG Farvagny | 1h08:43.73 (11) | F50 | 26:02.80 |
| 253 | 193 | Schöpfer Corina | 1994 | LAT Sense | 1h08:53.40 (31) | F20 | 26:12.47 |
| 254 | 275 | Piccand Aline | 1983 | CA Broyard | 1h09:01.97 (32) | F20 | 26:21.04 |
| 255 | 95 | Scarfo Vincent | 1937 | Sporting Club Broyard | 1h09:06.09 (19) | M60 | 26:25.16 |
| 256 | 85 | Fernandes Celso | 1978 | CAP Fribourg | 1h09:07.63 (69) | M20 | 26:26.70 |
| 257 | 109 | Bérard André | 1960 | Charrat | 1h09:09.11 (48) | M50 | 26:28.18 |
| 258 | 279 | Guillochon Christophe | 1978 | Promasens | 1h09:12.02 (70) | M20 | 26:31.09 |
| 259 | 10 | De Gasparo Charles-Etienne | 1966 | LAT Sense | 1h09:14.55 (63) | M40 | 26:33.62 |
| 260 | 304 | Millasson Hervé | 1982 | Châtel-St-Denis | 1h09:16.69 (71) | M20 | 26:35.76 |
| 261 | 149 | Soguel Daniel | 1952 | CS Vallée du Flon | 1h09:17.13 (20) | M60 | 26:36.20 |
| 262 | 282 | Charrière Henri | 1957 | St-Martin | 1h09:18.45 (49) | M50 | 26:37.52 |
| 263 | 180 | Rieder Laure | 1978 | Teysalpi | 1h09:33.99 (33) | F20 | 26:53.06 |
| 264 | 196 | Pittet Florianne | 1985 | Baden | 1h09:35.37 (34) | F20 | 26:54.44 |
| 265 | 15 | Descloux Marcel | 1948 | CS Marsens | 1h09:39.60 (21) | M60 | 26:58.67 |
| 266 | 129 | Schaller Herbert | 1961 | CA Marly | 1h09:44.98 (50) | M50 | 27:04.05 |
| 267 | 179 | Gomez Chantal | 1962 | SC Im Fang | 1h09:50.03 (12) | F50 | 27:09.10 |
| 268 | 202 | Cuénoud Marilyn | 1976 | Palézieux-Gare | 1h09:52.34 (35) | F20 | 27:11.41 |
| 269 | 219 | Clément Rutscho Natacha | 1975 | CS Marsens | 1h09:53.28 (17) | F40 | 27:12.35 |
| 270 | 197 | Porões Adélia | 1969 | CAP Fribourg | 1h09:54.10 (18) | F40 | 27:13.17 |
| 271 | 159 | Robadey Félix | 1944 | FSG Bulle | 1h09:56.57 (22) | M60 | 27:15.64 |
| 272 | 5 | Pepè Cetrangolo | 1970 | libero | 1h10:05.36 (64) | M40 | 27:24.43 |
| 273 | 134 | Ansermet Pascal | 1962 | Montbrelloz | 1h10:14.64 (51) | M50 | 27:33.71 |
| 274 | 182 | Gobet Papaux Carole | 1979 | CARC Romont | 1h10:20.41 (36) | F20 | 27:39.48 |
| 275 | 316 | Eichenberger Nicole | 1981 | Wohlen | 1h10:44.36 (37) | F20 | 28:03.43 |
| 276 | 244 | Roulin Elodie | 1990 | CARC Romont | 1h10:52.11 (38) | F20 | 28:11.18 |
| 277 | 116 | Corboz Simon | 1994 | Vesin | 1h10:56.94 (72) | M20 | 28:16.01 |
| 278 | 239 | Morisetti Muriel | 1974 | NEW CONCEPT SPORTS | 1h11:04.69 (19) | F40 | 28:23.76 |
| 279 | 111 | Gusset Christophe | 1973 | A Travers Cuchy | 1h11:11.11 (65) | M40 | 28:30.18 |
| 280 | 294 | Corminboeuf Célia | 1980 | CarC Romont | 1h11:22.15 (39) | F20 | 28:41.22 |
| 281 | 307 | Grandgirard Pierre-André | 1963 | A Travers Cuchy | 1h11:47.92 (52) | M50 | 29:06.99 |
| 282 | 299 | Butty Christian | 1965 | FSG Sâles | 1h11:51.32 (53) | M50 | 29:10.39 |
| 283 | 140 | Mettraux René | 1967 | ACPM Matran | 1h12:02.64 (66) | M40 | 29:21.71 |
| 284 | 60 | Overney Henri | 1943 | CA Marly | 1h12:23.18 (23) | M60 | 29:42.25 |
| 285 | 306 | Grandgirard Bernard | 1970 | Cugy | 1h12:25.05 (67) | M40 | 29:44.12 |
| 286 | 297 | Monney Myriam | 1970 | Trilogie Running Team | 1h12:26.26 (20) | F40 | 29:45.33 |
| 287 | 198 | Bardy Carole | 1974 | Promasens | 1h12:30.43 (21) | F40 | 29:49.50 |
| 288 | 171 | Rey Jerome | 1977 | Porsel | 1h12:43.62 (73) | M20 | 30:02.69 |
| 289 | 84 | Sudan Olivier | 1984 | Prez-vers-Siviriez | 1h12:45.71 (74) | M20 | 30:04.78 |
| 290 | 229 | Beaud Françoise | 1958 | CS Neirivue | 1h13:08.45 (13) | F50 | 30:27.52 |
| 291 | 216 | Soguel Jannick | 1983 | CS Vallée du Flon | 1h13:47.34 (40) | F20 | 31:06.41 |
| 292 | 40 | Petrulli Salvatore | 1946 | CAP Fribourg | 1h14:17.39 (24) | M60 | 31:36.46 |
| 293 | 157 | Corboz Martin | 1959 | ATC Cugy | 1h14:49.69 (54) | M50 | 32:08.76 |
| 294 | 133 | Crespo Jose | 1976 | Renens | 1h15:01.55 (75) | M20 | 32:20.62 |
| 295 | 248 | Meuwly Laure | 1978 | St-Martin | 1h15:13.91 (41) | F20 | 32:32.98 |
| 296 | 325 | Bugnon Marie-Noëlle | 1973 | CARC Romont | 1h15:28.63 (22) | F40 | 32:47.70 |
| 297 | 187 | Baudois Fanny | 1994 | CARC Romont | 1h15:49.07 (42) | F20 | 33:08.14 |
| 298 | 49 | Fürst René | 1960 | ACPM Murten | 1h16:19.83 (55) | M50 | 33:38.90 |
| 299 | 151 | Eggimann Ruedi | 1947 | FSG Bulle | 1h16:23.89 (25) | M60 | 33:42.96 |
| 300 | 234 | Quartenoud Magali | 1990 | Le Mouret | 1h16:27.90 (43) | F20 | 33:46.97 |
| 301 | 39 | Waeber René | 1959 | LAT Sense | 1h16:39.60 (56) | M50 | 33:58.67 |
| 302 | 195 | Guzzinati Laetitia | 1989 | Neyruz | 1h16:47.79 (44) | F20 | 34:06.86 |

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Résultats scratch 12.5 Km

| Clit | Dos. | Nom et prénom | Année | Club / domicile | Temps (Clit) | CAT | Ecart |
|------|------|----------------------|-------|-----------------------|-----------------|-----|----------|
| 303 | 337 | Duarte Filipe | 1978 | Les fous du Dimanche | 1h17:11.08 (76) | M20 | 34:30.15 |
| 304 | 130 | Fernandes Pedro | 1976 | Trilogie Running Team | 1h17:24.59 (77) | M20 | 34:43.66 |
| 305 | 23 | Piccand Jacques | 1953 | SA Bulle | 1h17:24.98 (26) | M60 | 34:44.05 |
| 306 | 247 | Currat Marcel | 1949 | CS vallée du Flon | 1h18:31.17 (27) | M60 | 35:50.24 |
| 307 | 212 | Malterre Monique | 1948 | Sporting Club Broyard | 1h19:14.02 (14) | F50 | 36:33.09 |
| 308 | 335 | Valado Vanessa | 1989 | Les fous du Dimanche | 1h20:08.56 (45) | F20 | 37:27.63 |
| 309 | 338 | Rodriguez Margarita | 1974 | Les fous du Dimanche | 1h20:09.00 (23) | F40 | 37:28.07 |
| 310 | 334 | Buchs Claudio | 1976 | Les fous du Dimanche | 1h20:09.50 (78) | M20 | 37:28.57 |
| 311 | 53 | Messerli Hervé | 1953 | SA Bulle | 1h20:35.92 (28) | M60 | 37:54.99 |
| 312 | 324 | Zurmuchen Laure | 1976 | Les Paccots | 1h20:56.35 (46) | F20 | 38:15.42 |
| 313 | 427 | Kozomara Uschi | 1972 | Trilogie Running Team | 1h21:19.48 (24) | F40 | 38:38.55 |
| 314 | 342 | Blanleuil Caroline | 1986 | Ursy | 1h21:56.94 (47) | F20 | 39:16.01 |
| 315 | 18 | Conne Alain | 1963 | ESSERTES | 1h22:21.17 (57) | M50 | 39:40.24 |
| 316 | 227 | Moret Jocelyne | 1956 | ACPM Matran | 1h24:01.04 (15) | F50 | 41:20.11 |
| 317 | 218 | Helfer Nadine | 1970 | CARC Romont | 1h24:11.80 (25) | F40 | 41:30.87 |
| 318 | 141 | Tissot Michel | 1947 | Broc | 1h24:26.30 (29) | M60 | 41:45.37 |
| 319 | 158 | Burgy Yves | 1964 | ACPM Matran | 1h26:40.01 (58) | M50 | 43:59.08 |
| 320 | 263 | Cachin Philippe | 1980 | Rossens | 1h31:59.32 (79) | M20 | 49:18.39 |
| 321 | 318 | Clavadetscher Carole | 1959 | Caux | 1h32:44.04 (16) | F50 | 50:03.11 |

Scratch dames 12,5 Km

| | | | | | | | |
|----|-----|---------------------|------|------------------------------|-----------------|-----|----------|
| 1 | 220 | Jenny Inge | 1978 | TSV Düringen/MAHU | 51:26.13 (1) | F20 | |
| 2 | 217 | Bürgisser Nicole | 1983 | LAT Sense | 51:30.85 (2) | F20 | 4.72 |
| 3 | 267 | Rappo Conca Sabine | 1972 | AC Murten | 52:19.19 (1) | F40 | 53.06 |
| 4 | 176 | Schumacher Virginie | 1978 | Trilogie Running Team | 53:31.59 (3) | F20 | 2:05.46 |
| 5 | 186 | Romanens Christelle | 1978 | CAG Farvagny | 54:34.05 (4) | F20 | 3:07.92 |
| 6 | 422 | Mooser Natacha | 1976 | SC Im Fang | 56:37.92 (5) | F20 | 5:11.79 |
| 7 | 181 | Buchs Rachel | 1989 | TSV Rechthalten | 56:45.50 (6) | F20 | 5:19.37 |
| 8 | 191 | Monney Stéphanie | 1970 | CAG Farvagny | 57:19.01 (2) | F40 | 5:52.88 |
| 9 | 243 | Marmy Delphine | 1993 | CAG Farvagny | 57:28.62 (7) | F20 | 6:02.49 |
| 10 | 231 | Kaymaz Zibung Irene | 1983 | LAT Sense | 57:40.27 (8) | F20 | 6:14.14 |
| 11 | 215 | Colliard Laura | 1988 | La Tour-de-Trême | 57:50.65 (9) | F20 | 6:24.52 |
| 12 | 194 | Ulrich Marjorie | 1975 | CS Vallée du Flon | 58:02.90 (3) | F40 | 6:36.77 |
| 13 | 204 | Morgado Madalena | 1978 | CAP Fribourg | 58:07.51 (10) | F20 | 6:41.38 |
| 14 | 249 | Gachet Yvan | 1976 | Vauderens | 58:31.19 (11) | F20 | 7:05.06 |
| 15 | 273 | Colonna Elena | 1982 | Visp | 58:41.52 (12) | F20 | 7:15.39 |
| 16 | 336 | Sampaio Stéphanie | 1984 | Les fous du Dimanche | 59:11.07 (13) | F20 | 7:44.94 |
| 17 | 214 | Schaller Anita | 1962 | CA Marly | 59:24.58 (1) | F50 | 7:58.45 |
| 18 | 213 | Repond France | 1990 | SA Bulle | 59:34.47 (14) | F20 | 8:08.34 |
| 19 | 203 | Traba Fátima | 1966 | CAP Fribourg | 59:49.25 (4) | F40 | 8:23.12 |
| 20 | 188 | Almeida Laetitia | 1985 | Trilogie Running Team/Brooks | 59:52.32 (15) | F20 | 8:26.19 |
| 21 | 189 | Favre Anne | 1980 | Team Lys'alp | 1h00:13.31 (16) | F20 | 8:47.18 |
| 22 | 236 | Carvalho Conceição | 1973 | CAP Fribourg | 1h00:39.67 (5) | F40 | 9:13.54 |
| 23 | 235 | Traglia Lora | 1988 | CAP Fribourg | 1h01:29.72 (17) | F20 | 10:03.59 |
| 24 | 207 | Guillebeau Claudia | 1973 | LAT Sense | 1h01:55.97 (6) | F40 | 10:29.84 |
| 25 | 208 | Moulin Marina | 1983 | Vollèges | 1h02:24.10 (18) | F20 | 10:57.97 |
| 26 | 301 | Epiney Astrid | 1965 | Fribourg | 1h02:32.94 (2) | F50 | 11:06.81 |
| 27 | 183 | Conus Kathleen | 1988 | CS Vallée du Flon | 1h02:33.49 (19) | F20 | 11:07.36 |

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| Clit | Dos. | Nom et prénom | Année | Club / domicile | Temps (Clit) | CAT | Ecart |
|------|------|---------------------------|-------|-------------------------|-----------------|-----|----------|
| 28 | 205 | Terrapon Georgette | 1961 | CS Vallée du Flon | 1h02:39.81 (3) | F50 | 11:13.68 |
| 29 | 184 | Scheurer Isabelle | 1972 | CARC Romont | 1h02:51.84 (7) | F40 | 11:25.71 |
| 30 | 221 | Seydoux Josepha | 1989 | CS Vallée du Flon | 1h02:58.87 (20) | F20 | 11:32.74 |
| 31 | 290 | Brodard Guillet Nathalie | 1978 | Les Sansoucis Echarlens | 1h03:08.76 (21) | F20 | 11:42.63 |
| 32 | 185 | Zurkinden Susanne | 1965 | LAT Sense | 1h03:13.37 (4) | F50 | 11:47.24 |
| 33 | 210 | Silva Anabela | 1973 | CAP Fribourg | 1h03:31.45 (8) | F40 | 12:05.32 |
| 34 | 190 | Neuhaus Brigitte | 1971 | TSV Rechthalten | 1h03:42.21 (9) | F40 | 12:16.08 |
| 35 | 305 | Schornoz Sandrine | 1972 | Avenches | 1h03:43.42 (10) | F40 | 12:17.29 |
| 36 | 241 | Fragnière Ursula | 1968 | CS Marsens | 1h03:55.78 (11) | F40 | 12:29.65 |
| 37 | 226 | Burri Esther | 1964 | TSV Heitenried | 1h04:01.00 (5) | F50 | 12:34.87 |
| 38 | 211 | Aebischer Marie-Madeleine | 1965 | TSV Heitenried | 1h04:01.55 (6) | F50 | 12:35.42 |
| 39 | 240 | Roussy Danièle | 1964 | Footing club Lausanne | 1h04:03.09 (7) | F50 | 12:36.96 |
| 40 | 242 | Fragnière Emilie | 1993 | Bulle | 1h04:15.94 (22) | F20 | 12:49.81 |
| 41 | 223 | Uldry Aline | 1988 | FC la Sionge | 1h04:19.95 (23) | F20 | 12:53.82 |
| 42 | 232 | Pillonel Sylvie | 1972 | A Travers Cugy | 1h04:34.01 (12) | F40 | 13:07.88 |
| 43 | 178 | Bach Francine | 1963 | CARC Romont | 1h04:37.97 (8) | F50 | 13:11.84 |
| 44 | 192 | Brodard Karine | 1974 | Vuadens | 1h05:30.48 (13) | F40 | 14:04.35 |
| 45 | 312 | Minning Maëlle | 1995 | CS Hauteville | 1h06:01.85 (24) | F20 | 14:35.72 |
| 46 | 323 | Schouwey Karine | 1980 | CAG Farvagny | 1h06:02.73 (25) | F20 | 14:36.60 |
| 47 | 177 | Gardoni Bénédicte | 1967 | CA Marly | 1h06:11.63 (14) | F40 | 14:45.50 |
| 48 | 276 | Gapany Laurette | 1969 | CS Marsens | 1h06:24.04 (15) | F40 | 14:57.91 |
| 49 | 238 | Baghin Zuzana | 1984 | Trilogie Running Team | 1h06:35.03 (26) | F20 | 15:08.90 |
| 50 | 237 | Silva Maria | 1957 | CAP Fribourg | 1h06:41.12 (9) | F50 | 15:14.99 |
| 51 | 230 | Fleury Justine | 1995 | CARC Romont | 1h06:53.81 (27) | F20 | 15:27.68 |
| 52 | 199 | Lambert Lina | 1961 | CS Broyard | 1h07:28.31 (10) | F50 | 16:02.18 |
| 53 | 225 | Savary Nicole | 1970 | CS Marsens | 1h07:31.17 (16) | F40 | 16:05.04 |
| 54 | 289 | Diserens Céline | 1984 | UHT Semsales | 1h07:52.32 (28) | F20 | 16:26.19 |
| 55 | 209 | Dubois Florence | 1976 | vuisternens en ogoz | 1h07:58.41 (29) | F20 | 16:32.28 |
| 56 | 259 | Chapatte Doris | 1980 | ACPM Matran | 1h08:41.31 (30) | F20 | 17:15.18 |
| 57 | 200 | Ayer Chantal | 1965 | CAG Farvagny | 1h08:43.73 (11) | F50 | 17:17.60 |
| 58 | 193 | Schöpfer Corina | 1994 | LAT Sense | 1h08:53.40 (31) | F20 | 17:27.27 |
| 59 | 275 | Piccand Aline | 1983 | CA Broyard | 1h09:01.97 (32) | F20 | 17:35.84 |
| 60 | 180 | Rieder Laure | 1978 | Teysalpi | 1h09:33.99 (33) | F20 | 18:07.86 |
| 61 | 196 | Pittet Florianne | 1985 | Baden | 1h09:35.37 (34) | F20 | 18:09.24 |
| 62 | 179 | Gomez Chantal | 1962 | SC Im Fang | 1h09:50.03 (12) | F50 | 18:23.90 |
| 63 | 202 | Cuénoud Marilyn | 1976 | Palézieux-Gare | 1h09:52.34 (35) | F20 | 18:26.21 |
| 64 | 219 | Clément Rutscho Natacha | 1975 | CS Marsens | 1h09:53.28 (17) | F40 | 18:27.15 |
| 65 | 197 | Porões Adélia | 1969 | CAP Fribourg | 1h09:54.10 (18) | F40 | 18:27.97 |
| 66 | 182 | Gobet Papaux Carole | 1979 | CARC Romont | 1h10:20.41 (36) | F20 | 18:54.28 |
| 67 | 316 | Eichenberger Nicole | 1981 | Wohlen | 1h10:44.36 (37) | F20 | 19:18.23 |
| 68 | 244 | Roulin Elodie | 1990 | CARC Romont | 1h10:52.11 (38) | F20 | 19:25.98 |
| 69 | 239 | Morisetti Muriel | 1974 | NEW CONCEPT SPORTS | 1h11:04.69 (19) | F40 | 19:38.56 |
| 70 | 294 | Corminboeuf Célia | 1980 | CarC Romont | 1h11:22.15 (39) | F20 | 19:56.02 |
| 71 | 297 | Monney Myriam | 1970 | Trilogie Running Team | 1h12:26.26 (20) | F40 | 21:00.13 |
| 72 | 198 | Bardy Carole | 1974 | Promasens | 1h12:30.43 (21) | F40 | 21:04.30 |
| 73 | 229 | Beaud Françoise | 1958 | CS Neirivue | 1h13:08.45 (13) | F50 | 21:42.32 |
| 74 | 216 | Soguel Jannick | 1983 | CS Vallée du Flon | 1h13:47.34 (40) | F20 | 22:21.21 |
| 75 | 248 | Meuwly Laure | 1978 | St-Martin | 1h15:13.91 (41) | F20 | 23:47.78 |
| 76 | 325 | Bugnon Marie-Noëlle | 1973 | CARC Romont | 1h15:28.63 (22) | F40 | 24:02.50 |
| 77 | 187 | Baudois Fanny | 1994 | CARC Romont | 1h15:49.07 (42) | F20 | 24:22.94 |
| 78 | 234 | Quartenoud Magali | 1990 | Le Mouret | 1h16:27.90 (43) | F20 | 25:01.77 |

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| Clit | Dos. | Nom et prénom | Année | Club / domicile | Temps (Clit) | CAT | Ecart |
|------|------|----------------------|-------|-----------------------|-----------------|-----|----------|
| 79 | 195 | Guzzinati Laetitia | 1989 | Neyruz | 1h16:47.79 (44) | F20 | 25:21.66 |
| 80 | 212 | Malterre Monique | 1948 | Sporting Club Broyard | 1h19:14.02 (14) | F50 | 27:47.89 |
| 81 | 335 | Valado Vanessa | 1989 | Les fous du Dimanche | 1h20:08.56 (45) | F20 | 28:42.43 |
| 82 | 338 | Rodriguez Margarita | 1974 | Les fous du Dimanche | 1h20:09.00 (23) | F40 | 28:42.87 |
| 83 | 324 | Zurmuchen Laure | 1976 | Les Paccots | 1h20:56.35 (46) | F20 | 29:30.22 |
| 84 | 427 | Kozomara Uschi | 1972 | Trilogie Running Team | 1h21:19.48 (24) | F40 | 29:53.35 |
| 85 | 342 | Blanleuil Caroline | 1986 | Ursy | 1h21:56.94 (47) | F20 | 30:30.81 |
| 86 | 227 | Moret Jocelyne | 1956 | ACPM Matran | 1h24:01.04 (15) | F50 | 32:34.91 |
| 87 | 218 | Helfer Nadine | 1970 | CARC Romont | 1h24:11.80 (25) | F40 | 32:45.67 |
| 88 | 318 | Clavadetscher Carole | 1959 | Caux | 1h32:44.04 (16) | F50 | 41:17.91 |

Scratch hommes 12,5 Km

| | | | | | | | |
|----|-----|-----------------------|------|-----------------------|---------------|-----|---------|
| 1 | 277 | Costa César | 1976 | Asics Mont | 42:40.93 (1) | M20 | |
| 2 | 137 | Morgado Mário | 1975 | CAP Fribourg | 44:26.18 (1) | M40 | 1:45.25 |
| 3 | 261 | Theytaz Jean-Pierre | 1983 | CA Sierre | 44:39.91 (2) | M20 | 1:58.98 |
| 4 | 120 | Bailly Gilles | 1977 | FSG La Neuveville | 44:50.95 (3) | M20 | 2:10.02 |
| 5 | 139 | Cardinaux Pierre-Yves | 1986 | CS Vallée du Flon | 45:44.51 (4) | M20 | 3:03.58 |
| 6 | 78 | Brügger Werner | 1975 | TSV Rechthalten | 46:23.12 (2) | M40 | 3:42.19 |
| 7 | 68 | Girard Damien | 1992 | CARC Romont | 46:29.99 (5) | M20 | 3:49.06 |
| 8 | 292 | Grünig Kaspar | 1973 | TSV Düringen | 46:51.09 (3) | M40 | 4:10.16 |
| 9 | 132 | Baghin Fabio | 1984 | Trilogie Running Team | 47:03.44 (6) | M20 | 4:22.51 |
| 10 | 106 | Conus Thierry | 1976 | CS Vallée du Flon | 47:10.26 (7) | M20 | 4:29.33 |
| 11 | 302 | Débaz Philippe | 1978 | Rossenges | 48:04.31 (8) | M20 | 5:23.38 |
| 12 | 66 | Etter Robert | 1970 | Gerbersport | 48:39.68 (4) | M40 | 5:58.75 |
| 13 | 174 | Chaudoye Fabien | 1983 | B3 Bulle Triathlon | 48:42.43 (9) | M20 | 6:01.50 |
| 14 | 52 | Gianella Fabio | 1965 | Lugnorre | 48:55.29 (1) | M50 | 6:14.36 |
| 15 | 26 | Balmer Jonathan | 1993 | CS Hauteville | 49:03.47 (10) | M20 | 6:22.54 |
| 16 | 33 | Demierre Stéphane | 1990 | deex app | 49:06.38 (11) | M20 | 6:25.45 |
| 17 | 310 | Simonet David | 1994 | CA Belfaux | 49:12.53 (12) | M20 | 6:31.60 |
| 18 | 175 | Vonlanthen Yvan | 1985 | TSV Rechthalten | 49:16.60 (13) | M20 | 6:35.67 |
| 19 | 340 | Savary Ivar | 1992 | Cycles Pache | 49:19.07 (14) | M20 | 6:38.14 |
| 20 | 100 | Fleury Lucien | 1993 | CARC Romont | 49:41.21 (15) | M20 | 7:00.28 |
| 21 | 1 | Pache Jean-Claude | 1965 | Team Castella Sport | 49:55.33 (2) | M50 | 7:14.40 |
| 22 | 131 | Clément Mathieu | 1995 | CS Hauteville | 50:00.93 (16) | M20 | 7:20.00 |
| 23 | 135 | Romanens Pierre | 1973 | CAG Farvagny | 50:04.77 (5) | M40 | 7:23.84 |
| 24 | 339 | Deillon Bertrand | 1985 | La Joux | 50:24.16 (17) | M20 | 7:43.23 |
| 25 | 148 | Pittet André | 1961 | CS Vallée du Flon | 50:27.68 (3) | M50 | 7:46.75 |
| 26 | 89 | Lüthi Oliver | 1973 | LAT Sense | 50:50.92 (6) | M40 | 8:09.99 |
| 27 | 45 | Piccand Cédric | 1975 | CAG Farvagny | 50:54.43 (7) | M40 | 8:13.50 |
| 28 | 101 | Vauthier Vladimir | 1986 | Les Vieux-Prés | 51:04.05 (18) | M20 | 8:23.12 |
| 29 | 286 | Rauber Sebastien | 1990 | SC Im Fang | 51:06.79 (19) | M20 | 8:25.86 |
| 30 | 103 | Mesot Jean-Pierre | 1969 | CS Vallée du Flon | 51:19.98 (8) | M40 | 8:39.05 |
| 31 | 126 | Almeida Nuno | 1980 | Trilogie Running Team | 51:27.83 (20) | M20 | 8:46.90 |
| 32 | 31 | Barras Gilles | 1961 | CAG Farvagny | 51:28.76 (4) | M50 | 8:47.83 |
| 33 | 67 | Glannaz Olivier | 1977 | CAG Farvagny | 51:34.70 (21) | M20 | 8:53.77 |
| 34 | 164 | Kolly Kevin | 1995 | Cs Hauteville | 51:43.05 (22) | M20 | 9:02.12 |
| 35 | 117 | Favre Sébastien | 1970 | La Tour-de-Trême | 51:47.66 (9) | M40 | 9:06.73 |
| 36 | 43 | Moulin Norbert | 1956 | Volleges | 51:59.31 (5) | M50 | 9:18.38 |

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|------|------|-------------------------|-------|-----------------------|---------------|-----|----------|
| 37 | 128 | Pasquier Christophe | 1980 | CS Marsens | 52:07.00 (23) | M20 | 9:26.07 |
| 38 | 160 | Terreaux Bernard | 1952 | CAG Farvagny | 52:19.69 (1) | M60 | 9:38.76 |
| 39 | 256 | Gay Julien | 1989 | NEW CONCEPT SPORTS | 52:31.00 (24) | M20 | 9:50.07 |
| 40 | 274 | Costa Albino | 1968 | CA Fribourg | 52:46.16 (10) | M40 | 10:05.23 |
| 41 | 293 | Barras Cédric | 1971 | Montet | 52:52.92 (11) | M40 | 10:11.99 |
| 42 | 319 | Maillard Jérôme | 1979 | Evasion | 52:57.31 (25) | M20 | 10:16.38 |
| 43 | 34 | Bregnard Stephane | 1964 | CAP Fribourg | 52:57.70 (6) | M50 | 10:16.77 |
| 44 | 36 | Vogt Philippe | 1980 | LAT Sense | 53:02.59 (26) | M20 | 10:21.66 |
| 45 | 32 | Balmer Eric | 1965 | SC Im Fang | 53:05.77 (7) | M50 | 10:24.84 |
| 46 | 119 | Roze Fabrice | 1971 | CAP Fribourg | 53:13.19 (12) | M40 | 10:32.26 |
| 47 | 69 | Rime Olivier | 1976 | CAG Farvagny | 53:16.21 (27) | M20 | 10:35.28 |
| 48 | 104 | Bielmann Francis | 1964 | La Roche | 53:28.63 (8) | M50 | 10:47.70 |
| 49 | 81 | Hayoz Erwin | 1963 | CAP Fribourg | 53:34.78 (9) | M50 | 10:53.85 |
| 50 | 77 | Moreira Sergio | 1965 | CAP Fribourg | 53:43.35 (10) | M50 | 11:02.42 |
| 51 | 17 | Monteiro Filipe | 1974 | LAT Sense | 53:47.03 (13) | M40 | 11:06.10 |
| 52 | 258 | Mauron Vincent | 1984 | CARC Romont | 53:58.78 (28) | M20 | 11:17.85 |
| 53 | 48 | Dubey Nicolas | 1968 | CAG Farvagny | 54:00.16 (14) | M40 | 11:19.23 |
| 54 | 91 | Krummen Thomas | 1987 | TV Bösinggen | 54:02.96 (29) | M20 | 11:22.03 |
| 55 | 269 | Conca Daniel | 1964 | AC Murten | 54:06.91 (11) | M50 | 11:25.98 |
| 56 | 99 | Mota Luis | 1967 | m.t.s | 54:08.89 (15) | M40 | 11:27.96 |
| 57 | 12 | Schaller Damien | 1992 | CA Marly | 54:15.65 (30) | M20 | 11:34.72 |
| 58 | 283 | Legrix Samuel | 1974 | CAG Farvagny | 54:33.66 (16) | M40 | 11:52.73 |
| 59 | 22 | Sonney Jean-Pierre | 1969 | CS Vallée du Flon | 54:34.60 (17) | M40 | 11:53.67 |
| 60 | 169 | Porões Benjamim | 1966 | CAP Fribourg | 54:38.88 (18) | M40 | 11:57.95 |
| 61 | 343 | Bifrare Jean-Pierre | 1958 | CS Marsens | 54:41.41 (12) | M50 | 12:00.48 |
| 62 | 147 | Mory Etienne | 1990 | Villariaz | 54:59.04 (31) | M20 | 12:18.11 |
| 63 | 154 | Grivel Jean-Louis | 1964 | CS Marsens | 55:01.51 (13) | M50 | 12:20.58 |
| 64 | 16 | Guillet Laurent | 1967 | CA Marly | 55:23.54 (19) | M40 | 12:42.61 |
| 65 | 272 | Grognez Vincent | 1994 | CS Vallée du Flon | 55:24.04 (32) | M20 | 12:43.11 |
| 66 | 327 | Charrière Johann | 1986 | Grattavache | 55:26.01 (33) | M20 | 12:45.08 |
| 67 | 79 | Gonzalez Amat Jose Luis | 1979 | Les fous du Dimanche | 55:30.63 (34) | M20 | 12:49.70 |
| 68 | 28 | Pochon Frédéric | 1973 | CS Hauteville | 55:41.61 (20) | M40 | 13:00.68 |
| 69 | 138 | Chappuis Michel | 1954 | CAG Farvagny | 55:46.72 (2) | M60 | 13:05.79 |
| 70 | 257 | Rech Patrick | 1968 | TSV Rechthalten | 55:50.90 (21) | M40 | 13:09.97 |
| 71 | 152 | Pittet Christophe | 1977 | Trilogie Running Team | 55:51.34 (35) | M20 | 13:10.41 |
| 72 | 122 | Aeby Patrik | 1972 | CA Marly | 56:12.05 (22) | M40 | 13:31.12 |
| 73 | 72 | Perisset Laurent | 1982 | Footing club Lausanne | 56:24.90 (36) | M20 | 13:43.97 |
| 74 | 296 | Robadey Jacques | 1967 | FSG Bulle | 56:29.13 (23) | M40 | 13:48.20 |
| 75 | 35 | Seydoux Laurent | 1985 | FSG Sâles | 56:33.20 (37) | M20 | 13:52.27 |
| 76 | 285 | Marmy Philippe | 1975 | Bussy | 56:36.71 (24) | M40 | 13:55.78 |
| 77 | 271 | Jenny Peter | 1951 | St.Antoni | 56:42.20 (3) | M60 | 14:01.27 |
| 78 | 322 | Piccand Sébastien | 1982 | CAG Farvagny | 56:44.29 (38) | M20 | 14:03.36 |
| 79 | 64 | Buchs Willy | 1964 | TSV Rechthalten | 56:45.88 (14) | M50 | 14:04.95 |
| 80 | 281 | Charrière Gaël | 1982 | Lausanne | 56:51.16 (39) | M20 | 14:10.23 |
| 81 | 70 | Baechler Gilbert | 1970 | TSV Rechthalten | 56:54.07 (25) | M40 | 14:13.14 |
| 82 | 329 | Dousse Georges | 1968 | CA Marly | 56:59.40 (26) | M40 | 14:18.47 |
| 83 | 262 | Varenne Frédéric | 1970 | Riaz | 57:13.02 (27) | M40 | 14:32.09 |
| 84 | 113 | Mezger Stefan | 1963 | Trilogie Running Team | 57:13.85 (15) | M50 | 14:32.92 |
| 85 | 44 | Gachoud Frédéric | 1966 | CS Vallée du Flon | 57:17.36 (28) | M40 | 14:36.43 |
| 86 | 90 | Ferreira Filipe | 1990 | CAP Fribourg | 57:20.38 (40) | M20 | 14:39.45 |
| 87 | 63 | Barbey Rene | 1967 | Velo Club Lausanne | 57:20.93 (29) | M40 | 14:40.00 |

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| Cl | Dos. | Nom et prénom | Année | Club / domicile | Temps (Cl) | CAT | Ecart |
|-----|------|---------------------|-------|--------------------------------|-----------------|-----|----------|
| 88 | 295 | Genoud Patrick | 1969 | CS Marsens | 57:21.97 (30) | M40 | 14:41.04 |
| 89 | 268 | Droux Daniel | 1979 | CARC Romont | 57:24.83 (41) | M20 | 14:43.90 |
| 90 | 29 | Samuel Gilles | 1978 | SwissPertrail | 57:39.77 (42) | M20 | 14:58.84 |
| 91 | 107 | Udry Matthias | 1988 | LAT Sense | 57:40.71 (43) | M20 | 14:59.78 |
| 92 | 145 | Jordan Michel | 1964 | Individuel | 57:43.12 (16) | M50 | 15:02.19 |
| 93 | 58 | Rolao Joao | 1962 | CAP Fribourg | 57:45.10 (17) | M50 | 15:04.17 |
| 94 | 3 | Ody Damien | 1971 | CS Marsens | 57:48.29 (31) | M40 | 15:07.36 |
| 95 | 321 | Favre Rodolphe | 1976 | ES Ayent | 58:01.69 (44) | M20 | 15:20.76 |
| 96 | 30 | Piccand Gabriel | 1954 | CAG Farvagny | 58:03.34 (4) | M60 | 15:22.41 |
| 97 | 83 | Wyssen Alwin | 1962 | TSV Rechthalten | 58:22.45 (18) | M50 | 15:41.52 |
| 98 | 250 | Panchaud Norbert | 1975 | CS Hauteville | 58:26.96 (32) | M40 | 15:46.03 |
| 99 | 173 | Mesot Vincent | 1984 | La Joux | 58:42.18 (45) | M20 | 16:01.25 |
| 100 | 309 | Caldas Miguel | 1985 | Ponterrolense | 58:42.72 (46) | M20 | 16:01.79 |
| 101 | 245 | Vial Bertrand | 1978 | Ski-club Grattavache - Le Crêt | 58:46.51 (47) | M20 | 16:05.58 |
| 102 | 27 | Barras Pascal | 1969 | CA Belfaux | 58:47.17 (33) | M40 | 16:06.24 |
| 103 | 21 | Santos Amadeu | 1964 | CAP Fribourg | 58:50.25 (19) | M50 | 16:09.32 |
| 104 | 265 | Chassot Frédéric | 1989 | Tatroz | 59:01.29 (48) | M20 | 16:20.36 |
| 105 | 255 | Uldry Marc | 1975 | Triviera | 59:05.63 (34) | M40 | 16:24.70 |
| 106 | 254 | Vetter Rolf | 1965 | Moléson | 59:08.38 (20) | M50 | 16:27.45 |
| 107 | 127 | Butty Roger | 1963 | Aucun | 59:11.73 (21) | M50 | 16:30.80 |
| 108 | 270 | Zosso François | 1968 | Domdidier | 59:13.87 (35) | M40 | 16:32.94 |
| 109 | 162 | Buclin Hyun | 1971 | CS Marsens | 59:14.58 (36) | M40 | 16:33.65 |
| 110 | 42 | Gavillet Philippe | 1966 | CAG Farvagny | 59:18.38 (37) | M40 | 16:37.45 |
| 111 | 123 | Cardinaux Bertrand | 1960 | CS Vallée du Flon | 59:19.97 (22) | M50 | 16:39.04 |
| 112 | 313 | Mauron Gérald | 1956 | CARC Romont | 59:23.26 (23) | M50 | 16:42.33 |
| 113 | 62 | Käser Michael | 1981 | TV Bösinggen | 59:30.57 (49) | M20 | 16:49.64 |
| 114 | 76 | Clément Georges | 1971 | CS Hauteville | 59:38.21 (38) | M40 | 16:57.28 |
| 115 | 57 | Margot Vincent | 1968 | CS Vallée du Flon | 59:41.94 (39) | M40 | 17:01.01 |
| 116 | 87 | Francey Jérôme | 1988 | CA Marly | 59:47.54 (50) | M20 | 17:06.61 |
| 117 | 251 | Oumaziz Hamid | 1968 | Châtel-St-Denis | 59:48.09 (40) | M40 | 17:07.16 |
| 118 | 146 | Jaton Norbert | 1978 | Footing club Lausanne | 59:48.92 (51) | M20 | 17:07.99 |
| 119 | 73 | Hirschi Hans-Peter | 1957 | CA Belfaux | 59:51.83 (24) | M50 | 17:10.90 |
| 120 | 172 | Ayer Serge | 1965 | CAG Farvagny | 1h00:05.23 (25) | M50 | 17:24.30 |
| 121 | 331 | Dubey Eric | 1969 | Sévaz | 1h00:06.06 (41) | M40 | 17:25.13 |
| 122 | 24 | Pittet Patrice | 1975 | CAG Farvagny | 1h00:07.32 (42) | M40 | 17:26.39 |
| 123 | 92 | Greca Josef | 1957 | CAG Farvagny | 1h00:09.19 (26) | M50 | 17:28.26 |
| 124 | 344 | Repond Edouard | 1988 | Broc | 1h00:15.67 (52) | M20 | 17:34.74 |
| 125 | 124 | Santos Daniel | 1987 | Clarens | 1h00:16.22 (53) | M20 | 17:35.29 |
| 126 | 165 | Perritaz Joël | 1968 | CARC Romont | 1h00:21.00 (43) | M40 | 17:40.07 |
| 127 | 288 | Yerly Simon | 1988 | Jeunesse La Joux | 1h00:27.37 (54) | M20 | 17:46.44 |
| 128 | 168 | Bossel Jean Noël | 1959 | CAP Fribourg | 1h00:27.81 (27) | M50 | 17:46.88 |
| 129 | 41 | Rutscho Jean-Daniel | 1967 | CS Marsens | 1h00:34.13 (44) | M40 | 17:53.20 |
| 130 | 314 | Pittet Rodolphe | 1990 | La Joux | 1h00:59.67 (55) | M20 | 18:18.74 |
| 131 | 19 | Sigrist Vladimir | 1974 | CS Neirivue | 1h01:21.15 (45) | M40 | 18:40.22 |
| 132 | 150 | Germann Pascal | 1980 | Morges | 1h01:28.62 (56) | M20 | 18:47.69 |
| 133 | 110 | Grandjean Denis | 1960 | CS Vallée du Flon | 1h01:36.64 (28) | M50 | 18:55.71 |
| 134 | 303 | Millasson Steve | 1980 | Les Millass | 1h01:53.94 (57) | M20 | 19:13.01 |
| 135 | 2 | Neves Geraldo | 1975 | CAP Fribourg | 1h02:15.09 (46) | M40 | 19:34.16 |
| 136 | 38 | Santos Celestino | 1955 | CAP Fribourg | 1h02:22.56 (5) | M60 | 19:41.63 |
| 137 | 55 | Papaux Baptiste | 1985 | VBC Smile | 1h02:26.19 (58) | M20 | 19:45.26 |
| 138 | 86 | Angéloz Henri | 1964 | CAP Fribourg | 1h02:26.63 (29) | M50 | 19:45.70 |

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| Cl | Dos. | Nom et prénom | Année | Club / domicile | Temps (Cl) | CAT | Ecart |
|-----|------|----------------------|-------|------------------------|-----------------|-----|----------|
| 139 | 287 | Francey Eric | 1965 | | 1h02:27.61 (30) | M50 | 19:46.68 |
| 140 | 311 | Richoz Pascal | 1971 | CARC Romont | 1h02:28.16 (47) | M40 | 19:47.23 |
| 141 | 163 | Currat François | 1970 | CS Vallée du Flon | 1h02:30.36 (48) | M40 | 19:49.43 |
| 142 | 61 | Germann Christian | 1952 | Vauderens | 1h02:49.70 (6) | M60 | 20:08.77 |
| 143 | 166 | Braillard Gabriel | 1948 | CS Vallée du Flon | 1h02:54.31 (7) | M60 | 20:13.38 |
| 144 | 317 | Aeby Thomas | 1987 | Dompierre | 1h03:04.75 (59) | M20 | 20:23.82 |
| 145 | 153 | Zurkinden Andreas | 1965 | LAT Sense | 1h03:12.82 (31) | M50 | 20:31.89 |
| 146 | 71 | Jolliet Julien | 1986 | Bulle | 1h03:18.43 (60) | M20 | 20:37.50 |
| 147 | 56 | Rast Jacques | 1948 | CAP Fribourg | 1h03:20.95 (8) | M60 | 20:40.02 |
| 148 | 93 | Girard Alain | 1957 | tpf | 1h03:21.72 (32) | M50 | 20:40.79 |
| 149 | 280 | Gremaud Olivier | 1988 | LHC Treyvaux | 1h03:22.44 (61) | M20 | 20:41.51 |
| 150 | 115 | Sciboz Hubert | 1968 | VBC Smile | 1h03:22.93 (49) | M40 | 20:42.00 |
| 151 | 326 | Mauroux Patrice | 1961 | ACPM Matran | 1h03:27.38 (33) | M50 | 20:46.45 |
| 152 | 246 | Schambach Franz | 1960 | Servion | 1h03:28.42 (34) | M50 | 20:47.49 |
| 153 | 345 | Correia Daniel | 1989 | Porsel | 1h03:33.75 (62) | M20 | 20:52.82 |
| 154 | 167 | Barras Michel | 1955 | CS Hauteville | 1h03:37.38 (9) | M60 | 20:56.45 |
| 155 | 9 | Mercier Thierry | 1973 | Froideville | 1h03:44.02 (50) | M40 | 21:03.09 |
| 156 | 125 | Fleury Jacques André | 1963 | CARC Romont | 1h03:48.47 (35) | M50 | 21:07.54 |
| 157 | 252 | Burnet Eric | 1960 | La Corbaz | 1h03:52.32 (36) | M50 | 21:11.39 |
| 158 | 108 | Stritt Karl | 1950 | LAT Sense | 1h03:57.26 (10) | M60 | 21:16.33 |
| 159 | 315 | Pereira Marco | 1981 | CAP Fribourg | 1h04:00.39 (63) | M20 | 21:19.46 |
| 160 | 260 | Chapatte Jean-Luc | 1977 | ACPM Matran | 1h04:02.43 (64) | M20 | 21:21.50 |
| 161 | 300 | Schuler Jean-Roland | 1961 | Team Lys'alp | 1h04:13.36 (37) | M50 | 21:32.43 |
| 162 | 114 | Soares Augusto | 1966 | CAP Fribourg | 1h04:25.11 (51) | M40 | 21:44.18 |
| 163 | 8 | Pauchard Bruno | 1949 | TV Bösinggen | 1h04:31.71 (11) | M60 | 21:50.78 |
| 164 | 75 | Savary Laurent | 1971 | CS Marsens | 1h04:41.70 (52) | M40 | 22:00.77 |
| 165 | 97 | Richoz Olivier | 1969 | CS Vallée du Flon | 1h04:44.72 (53) | M40 | 22:03.79 |
| 166 | 88 | Sudan Dominique | 1954 | FSG Bulle | 1h04:48.79 (12) | M60 | 22:07.86 |
| 167 | 37 | Lirgg Uli | 1956 | Cloros Team | 1h04:57.96 (38) | M50 | 22:17.03 |
| 168 | 13 | Genoud Patrick | 1969 | Châtel-St-Denis | 1h05:17.19 (54) | M40 | 22:36.26 |
| 169 | 80 | Bourquenoud Jacques | 1958 | Gym Ursy | 1h05:25.76 (39) | M50 | 22:44.83 |
| 170 | 112 | Denervaud Claude | 1979 | Bouloz | 1h05:28.12 (65) | M20 | 22:47.19 |
| 171 | 6 | Michel Rémy | 1957 | CAP Fribourg | 1h05:35.43 (40) | M50 | 22:54.50 |
| 172 | 54 | Fernandes Nuno | 1983 | CAP Fribourg | 1h05:47.46 (66) | M20 | 23:06.53 |
| 173 | 94 | Baptista António | 1958 | CAP Fribourg | 1h05:59.38 (41) | M50 | 23:18.45 |
| 174 | 47 | Berset Frédéric | 1981 | CAG Farvagny | 1h06:14.04 (67) | M20 | 23:33.11 |
| 175 | 266 | Rossel Jean-Luc | 1953 | Riaz | 1h06:20.63 (13) | M60 | 23:39.70 |
| 176 | 142 | Chavaillez Bernardin | 1943 | CAG Farvagny | 1h06:22.89 (14) | M60 | 23:41.96 |
| 177 | 328 | Prélaz Jean-Michel | 1964 | Rue | 1h06:27.72 (42) | M50 | 23:46.79 |
| 178 | 332 | Cuennet Yvan | 1971 | Semi Marathon Fribourg | 1h06:35.36 (55) | M40 | 23:54.43 |
| 179 | 264 | Rüfenacht Andreas | 1965 | Fiaugères | 1h06:36.13 (43) | M50 | 23:55.20 |
| 180 | 105 | Fernandes Jose | 1952 | CAP Fribourg | 1h06:37.00 (15) | M60 | 23:56.07 |
| 181 | 118 | Garin Joël | 1987 | UHT Semsales | 1h06:38.32 (68) | M20 | 23:57.39 |
| 182 | 341 | Guisolan François | 1970 | ACPM Matran | 1h06:42.39 (56) | M40 | 24:01.46 |
| 183 | 96 | Hassler Nicolas | 1971 | FSG Sâles | 1h07:00.90 (57) | M40 | 24:19.97 |
| 184 | 74 | Andrey Jean-Pierre | 1959 | ACPM Matran | 1h07:10.95 (44) | M50 | 24:30.02 |
| 185 | 320 | Aebischer Christian | 1962 | CS Vallée du Flon | 1h07:17.65 (45) | M50 | 24:36.72 |
| 186 | 333 | Pasquier Henri | 1950 | CS Hauteville | 1h07:36.06 (16) | M60 | 24:55.13 |
| 187 | 284 | Dougoud Alexandre | 1975 | Trilogie Running Team | 1h07:39.30 (58) | M40 | 24:58.37 |
| 188 | 14 | Bubendorf Thomas | 1965 | Blonay | 1h07:40.56 (46) | M50 | 24:59.63 |
| 189 | 136 | Decorvet Herbert | 1966 | TV Bösinggen | 1h07:45.01 (59) | M40 | 25:04.08 |

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| Clit | Dos. | Nom et prénom | Année | Club / domicile | Temps (Clit) | CAT | Ecart |
|------|------|----------------------------|-------|-----------------------|-----------------|-----|----------|
| 190 | 25 | Wüst Hugo | 1943 | TV Bösingén | 1h07:48.36 (17) | M60 | 25:07.43 |
| 191 | 65 | Sousa António | 1958 | CAP Fribourg | 1h08:07.53 (47) | M50 | 25:26.60 |
| 192 | 330 | Marmy Christophe | 1968 | Bussy | 1h08:08.52 (60) | M40 | 25:27.59 |
| 193 | 46 | Bifrare Frédéric | 1967 | CARC Romont | 1h08:10.33 (61) | M40 | 25:29.40 |
| 194 | 253 | Tercier Michel | 1949 | Charmey | 1h08:31.15 (18) | M60 | 25:50.22 |
| 195 | 98 | Kolly Christian | 1967 | CAG Farvagny | 1h08:34.89 (62) | M40 | 25:53.96 |
| 196 | 95 | Scarfo Vincent | 1937 | Sporting Club Broyard | 1h09:06.09 (19) | M60 | 26:25.16 |
| 197 | 85 | Fernandes Celso | 1978 | CAP Fribourg | 1h09:07.63 (69) | M20 | 26:26.70 |
| 198 | 109 | Bérard André | 1960 | Charrat | 1h09:09.11 (48) | M50 | 26:28.18 |
| 199 | 279 | Guillochon Christophe | 1978 | Promasens | 1h09:12.02 (70) | M20 | 26:31.09 |
| 200 | 10 | De Gasparo Charles-Etienne | 1966 | LAT Sense | 1h09:14.55 (63) | M40 | 26:33.62 |
| 201 | 304 | Millasson Hervé | 1982 | Châtel-St-Denis | 1h09:16.69 (71) | M20 | 26:35.76 |
| 202 | 149 | Soguel Daniel | 1952 | CS Vallée du Flon | 1h09:17.13 (20) | M60 | 26:36.20 |
| 203 | 282 | Charrière Henri | 1957 | St-Martin | 1h09:18.45 (49) | M50 | 26:37.52 |
| 204 | 15 | Descloux Marcel | 1948 | CS Marsens | 1h09:39.60 (21) | M60 | 26:58.67 |
| 205 | 129 | Schaller Herbert | 1961 | CA Marly | 1h09:44.98 (50) | M50 | 27:04.05 |
| 206 | 159 | Robadey Félix | 1944 | FSG Bulle | 1h09:56.57 (22) | M60 | 27:15.64 |
| 207 | 5 | Pepè Cetrangolo | 1970 | libero | 1h10:05.36 (64) | M40 | 27:24.43 |
| 208 | 134 | Ansermet Pascal | 1962 | Montbrelloz | 1h10:14.64 (51) | M50 | 27:33.71 |
| 209 | 116 | Corboz Simon | 1994 | Vesin | 1h10:56.94 (72) | M20 | 28:16.01 |
| 210 | 111 | Gusset Christophe | 1973 | A Travers Cuchy | 1h11:11.11 (65) | M40 | 28:30.18 |
| 211 | 307 | Grandgirard Pierre-André | 1963 | A Travers Cuchy | 1h11:47.92 (52) | M50 | 29:06.99 |
| 212 | 299 | Butty Christian | 1965 | FSG Sâles | 1h11:51.32 (53) | M50 | 29:10.39 |
| 213 | 140 | Mettraux René | 1967 | ACPM Matran | 1h12:02.64 (66) | M40 | 29:21.71 |
| 214 | 60 | Overney Henri | 1943 | CA Marly | 1h12:23.18 (23) | M60 | 29:42.25 |
| 215 | 306 | Grandgirard Bernard | 1970 | Cugy | 1h12:25.05 (67) | M40 | 29:44.12 |
| 216 | 171 | Rey Jerome | 1977 | Porsel | 1h12:43.62 (73) | M20 | 30:02.69 |
| 217 | 84 | Sudan Olivier | 1984 | Prez-vers-Siviriez | 1h12:45.71 (74) | M20 | 30:04.78 |
| 218 | 40 | Petrulli Salvatore | 1946 | CAP Fribourg | 1h14:17.39 (24) | M60 | 31:36.46 |
| 219 | 157 | Corboz Martin | 1959 | ATC Cugy | 1h14:49.69 (54) | M50 | 32:08.76 |
| 220 | 133 | Crespo Jose | 1976 | Renens | 1h15:01.55 (75) | M20 | 32:20.62 |
| 221 | 49 | Fürst René | 1960 | ACPM Murten | 1h16:19.83 (55) | M50 | 33:38.90 |
| 222 | 151 | Eggimann Ruedi | 1947 | FSG Bulle | 1h16:23.89 (25) | M60 | 33:42.96 |
| 223 | 39 | Waeber René | 1959 | LAT Sense | 1h16:39.60 (56) | M50 | 33:58.67 |
| 224 | 337 | Duarte Filipe | 1978 | Les fous du Dimanche | 1h17:11.08 (76) | M20 | 34:30.15 |
| 225 | 130 | Fernandes Pedro | 1976 | Trilogie Running Team | 1h17:24.59 (77) | M20 | 34:43.66 |
| 226 | 23 | Piccand Jacques | 1953 | SA Bulle | 1h17:24.98 (26) | M60 | 34:44.05 |
| 227 | 247 | Curat Marcel | 1949 | CS vallée du Flon | 1h18:31.17 (27) | M60 | 35:50.24 |
| 228 | 334 | Buchs Claudio | 1976 | Les fous du Dimanche | 1h20:09.50 (78) | M20 | 37:28.57 |
| 229 | 53 | Messerli Hervé | 1953 | SA Bulle | 1h20:35.92 (28) | M60 | 37:54.99 |
| 230 | 18 | Conne Alain | 1963 | ESSERTES | 1h22:21.17 (57) | M50 | 39:40.24 |
| 231 | 141 | Tissot Michel | 1947 | Broc | 1h24:26.30 (29) | M60 | 41:45.37 |
| 232 | 158 | Burgy Yves | 1964 | ACPM Matran | 1h26:40.01 (58) | M50 | 43:59.08 |
| 233 | 263 | Cachin Philippe | 1980 | Rossens | 1h31:59.32 (79) | M20 | 49:18.39 |